

1. Record Nr.	UNINA9911093366703321
Autore	Ali Naheed <1981->
Titolo	The obesity reality : a comprehensive approach to a growing problem / / Naheed Ali
Pubbl/distr/stampa	Lanham, Md., : Rowman & Littlefield Publishers, c2012 New York : , : Bloomsbury Publishing (US), , 2012
ISBN	979-82-16-41913-6 979-82-16-29176-3 1-280-65745-6 9786613634382 1-4422-1448-1
Edizione	[1st ed.]
Descrizione fisica	1 online resource (351 p.)
Disciplina	616.3/98
Soggetti	MEDICAL - Endocrinology & Metabolism MEDICAL - Nutrition Body weight Obesity Weight loss Metabolism - Disorders Weight Loss Body Weight Metabolic Diseases
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references (p. 315-321) and index.
Nota di contenuto	Understanding obesity -- The diagnosis -- Causes and symptoms -- Treatment -- Obesity in America -- Worldwide obesity -- Childhood obesity -- Mental health -- Blame and guilt -- The economics -- The art of exercise -- Finding motivation.
Sommario/riassunto	Although every day we read news reports linking health problems to diet and lifestyle, there remains a dearth of books on the topic that consider obesity from a variety of standpoints that include medical, personal, financial, and related considerations. The Obesity Reality discusses these viewpoints to explain how and why the problem exists

both in the United States and around the world, and in men, women, children. More than a billion people are overweight

2. Record Nr.	UNINA9911099589403321
Titolo	The no shelf required guide to e-book purchasing / / Sue Polanka, editor
Pubbl/distr/stampa	Chicago, Ill., : ALA TechSource, 2011
ISBN	0-8389-9255-2 1-283-37029-8 9786613370297 0-8389-9254-4
Edizione	[1st ed.]
Descrizione fisica	62p. ; : ill
Collana	Library technology reports, , 0024-2586 ; ; v. 47, no. 8
Altri autori (Persone)	PolankaSue
Disciplina	025.17/4 20 025.174
Soggetti	Electronic books
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references.
Nota di contenuto	Intro -- Cover -- Title Page -- Copyright Page -- About the Editor -- Contents -- Chapter 1-Purchasing E-books in Libraries -- Chapter 2-Consortial Purchasing of E-books -- Chapter 3-Academic Library Dilemmas in Purchasing Content for E-readers -- Chapter 4-Open Access E-books -- Chapter 5-The E-textbook Revolution -- Chapter 6-Digital Textbooks -- Chapter 7-Water on a Hot Skillet -- Contributors.
Sommario/riassunto	This issue of "Library Technology Reports" provides strategies, best practices, and case studies for meeting the unprecedented legal, technological, and vendor challenges that come with e-book purchasing.