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Nota di contenuto	Chapter 1:Introduction: Bringing African Philosophy and Food Systems Together -- Chapter 2: African Philosophers and Systems Thinkers: An Intercultural and Interdisciplinary Approach towards Food Systems in Africa -- Chapter 3: Philosophical Investigation of the African Agro-epistemicide -- Chapter 4: The Human Right to Food and the Politics of Food Systems in Ethiopia: Policy Regimes and Practices -- Chapter 5: Akan Nnobia Ethics as a Way to Address Challenges of Subsistence Farming in Africa -- Chapter 6: Between Competition and Mutual Aid: Locating African Values and Philosophy in Mass Food Markets -- Chapter 7: Food and Interspecies Relations: Relating Food Ethics and African Environmental Values through Proverbs -- Chapter 8: Indigenous Cattle Keeping through Ubuntu Philosophy: A Case Study with Tsonga People in Limpopo Province, South Africa -- Chapter 9: Resilient Food Systems in Africa: Learning from an Endogenous Development Approach in Ghana -- Chapter 10: A Critical Dialogical Approach to Developing Leaders in African Food Systems -- Chapter 11:Our Daily Bread through Agriculture and “Development”: the Voice of Ubu-ntu -- Chapter 12. An Ubu-ntu Response to “Give Us This Day

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## Our Daily Bread”.

### Sommario/riassunto

This open access edited volume argues that food systems need to be questioned on ethical and epistemic grounds, and firmly posits African philosophy as a valuable and much-needed source in doing so. It presents critical perspectives on the ethical and epistemic complexities of food systems whilst also providing a practical outlook through success stories of food systems underpinned by African ways of thinking and doing. The central premise is the necessity of taking an intercultural approach in examining and re-thinking food systems successfully, which means to draw from and do justice to a diversity of knowledge. As such, it sets out to challenge the status quo and the prevailing western dominant narrative whilst asserting its importance alongside other forms of knowledge in tackling issues in the food system. The book introduces the reader into the politics of food systems, while highlighting the relevance of African philosophy through illuminating the relationship between ongoing western hegemony and the violation of the universal human right to food. Case studies across the continent are presented to unearth and critique inequalities and injustices in various domains of Africa's agricultural sector, ranging from seed systems to markets. However, first and foremost, the book presents African philosophy as an essential source for bringing back balance and justice in food systems that can feed all. To this end, the book starts from African philosophy, such as ubu-ntu, Akan and Shona Philosophy, and illustrates ethical and epistemic inquiries with real-life examples in practice. This is a must-read for both academics and advanced (masters-level) students interested in African perspectives on food systems. “This book breaks new ground in its interdisciplinary approach as a thorough and sustained attempt at articulating philosophically and through practical case studies, the universal human need for food sovereignty with specific focus on the African continent. It questions the unrelenting imposition of hegemonic models and advocates alternative approaches that recentre African philosophies and site-specific knowledge practices.” - Prof. Pasch Mungwini, Professor of Philosophy, University of South Africa (UNISA).

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