

1. Record Nr.	UNINA9911049149603321
Autore	Bollas Angelos
Titolo	Designing Curricula for Learner Autonomy and Engagement : Connecting Notional Hours, Blended and Self-Regulated Learning // by Angelos Bollas, Cathryn Bennett
Pubbl/distr/stampa	Cham : , : Springer Nature Switzerland : , : Imprint : Springer, , 2026
ISBN	3-032-13520-6
Edizione	[1st ed. 2026.]
Descrizione fisica	1 online resource (229 pages)
Collana	Education Series
Disciplina	370.15
Soggetti	Learning, Psychology of Education - Curricula Education, Higher Education and state Learning Theory Curriculum Studies Higher Education Education Policy
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di contenuto	Chapter 1. Understanding Learner Autonomy and Self-Regulated Learning -- Chapter 2. The Role of Notional Hours in Curriculum Design -- Chapter 3. Rethinking Notional Hours for Greater Learner Autonomy and Engagement -- Chapter 4. Principles and Learning Theories Behind Blended Learning -- Chapter 5. Designing Interactive and Engaging Learning Experiences -- Chapter 6. Assessing and Enhancing Student Engagement -- Chapter 7. Policy and Institutional Support for Innovative Education.
Sommario/riassunto	Designing Curricula for Learner Autonomy and Engagement examines how higher education can be reimagined to empower learners as active, self-regulated participants in their own development. Across seven interconnected chapters, the book integrates theory, research, and practice to explore how autonomy and engagement can be systematically fostered in through curriculum design, teaching strategies, and institutional policy. Starting with the conceptual

foundations of learner autonomy and self-regulated learning, the book situates these ideas within the realities of contemporary higher education, including digital transformation, flexible delivery, and post-pandemic pedagogical change. It repositions notional hours as a learner-centred design tool and illustrates their application through a case study of an undergraduate module redesigned to enhance engagement and independent learning. Building on these principles, the book offers evidence-based frameworks for blended and interactive learning design, showing how Constructive Alignment, Self-Determination Theory, and Universal Design for Learning can be translated into practical strategies for fostering motivation, reflection, and meaningful interaction. Subsequent chapters address the measurement and enhancement of student engagement, introducing ethical, inclusive, and data-informed approaches to assessing behavioural, emotional, and cognitive participation. The discussion extends to institutional and policy levels, exploring how quality assurance systems, curriculum governance, and professional development can support autonomy-oriented innovation. Throughout, the book emphasises the integration of technological and human dimensions of learning, including the emerging influence of generative AI, and advocates for pedagogy that is both evidence-based and responsive to learners' diverse needs. Bridging conceptual insight with actionable guidance, *Designing Curricula for Learner Autonomy and Engagement* provides educators, curriculum designers, and policymakers with a coherent framework for creating learning environments that cultivate agency, criticality, and sustained engagement in an evolving educational landscape. .
