

1. Record Nr.	UNINA9911047705303321
Autore	Lee Sang-Hie
Titolo	Perspectives in Performing Arts Medicine Practice II : Occupational Health, Public Health, Arts for Healing // edited by Sang-Hie Lee, Steven Specter, Ruth Bahr, Candace Burns, Marzenna Wiranowska
Pubbl/distr/stampa	Cham : , : Springer Nature Switzerland : , : Imprint : Springer, , 2025
ISBN	3-032-06243-8
Edizione	[1st ed. 2025.]
Descrizione fisica	1 online resource (435 pages)
Collana	Medicine Series
Disciplina	616
Soggetti	Primary care (Medicine) Primary Care Medicine
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di contenuto	SECTION I Occupational Health Perspectives -- Public Health and the Performing Arts -- Epidemiology, Ergonomics, and Epigenetics: Performance Traumatic Stress Disorder (PTSD) -- The current state of play and recommendations for juggling the complexities of circus arts injuries -- Exploring Occupational Health of Saxophone Players: A Cross-Cultural Perspective Between English and Chinese-Speaking Male Saxophonists -- Neurophenomenology in Retraining Musicians with Task-Specific Focal Dystonia: Two Cases -- SECTION II Physical Health and Wellness -- Professional Voice and muscle tension dysphonia: the art of the multi-disciplinary team -- Using Hypermobility to Your Advantage -- The Impact of Resistance Band Training on Musculoskeletal Pain in Danish Symphony Orchestra Musicians: A panel study -- The Prevalence and Consequences of Neck Problems in Professional Freelance Musicians in Denmark: Cross-Sectional Data -- A Systematic Review and Developing Survey Comparing Pain and Injury Incidence Between Competitive and Professional Irish Dancers -- SECTION III Social-Behavioral Health and Care -- Whole Person/Whole Learner: Using Alexander Technique Principles to Help Modulate Trauma-Related Stress in Performing Arts Teaching and Learning -- Musculoskeletal Pain and Music Performance Anxiety Among Brazilian Wind Instrumental Musicians: A Cross-Sectional Study -- The Influence and Presence of Performance Anxiety in Competitive Highland Dancers

-- Improving Resilience in Performing Artists -- Transforming Mental Health in the Arts: Community-Driven Care in Performing Arts Education and Training Settings -- Drumming as Medicine: An Exploration of the Mental Health Benefits of Group Drumming -- Without Words: Dance in Public Health and Societal Wellbeing.

Sommario/riassunto

Performing Arts Medicine is a multidisciplinary specialization combining the fields of performing arts and healthcare. The book focuses on performing arts medicine as an occupational health that impacts wellness in public health and imparts the arts in healing. It shares knowledge from experienced practitioners, novel research findings, region-specific dance experiences, and uses of body-mind movements for healing. The first part opens with a chapter on vivid illustrations of the risky stage setups and long hours of bodily abusive practice and ends with a chapter that explores the new conceptual frame of neurophenomenology as a philosophy and methodology in musician training and rehabilitation. The second and third parts address multi-disciplinary collaborative voice care plans, joint hypermobility, performance anxiety, resilience, performance-related traumatic stress disorder, communal healing through drumming as medicine, and dance as healing agent for societal and medical problems.
