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Nota di contenuto	Part I Introduction -- 1. The Good, the Bad, and the Radical -- Part II Theory -- 2. Compassion and Justice: Integrating the Two Roles of

Radical -- 3. (Anti)Capitalist Therapeutics: Analyzing Psychotherapy's Role within Capitalism and Proposing a Critical-Liberation Psychotherapy (CLP) Alternative -- 4. Radical Epistemologies for Radical Psychologists -- Part III Practice -- 5. The Radical Circle: Toward a Psychological Counter-Hegemony -- 6. Personal and Social Liberation: Necessary Foundations for Radical Therapy -- 7. Transformative Therapies for Holistic Liberation -- 8. Psychoanalysis, Revolution, and the Red Clinic -- 9. Working as a Therapist in an Unjust Mental Health Care System -- Part IV Context -- 10. For the Breathless to Breathe: Frantz Fanon's Clinic -- 11. Working as a Therapist with Victims of Social Injustice -- 12. Radical Youth Work: A Community Based Approach to Working with Youth, Young Adults and Families -- Part V Sublation -- 13. Self-death as a Symbol of Radical Freedom -- 14. How to Ruin Your Clients: Mindfulness as Cruelty -- 15. Facing the Abyss: Daoist Contemplative Psychology as Old/New Paradigm -- Part VI Concluding Thoughts -- 16. To Arms! Psychotherapy as Class Warfare.

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Sommario/riassunto

“A critically important read for all therapists striving to empower a more just society.” —Dr. Louis Hoffman, Editor, *Rising Voices* “A timely and necessary interruption in a field too often marked by a lack of collective hope and critical reflexivity.” —Dr. Thomas Teo, York University, Canada “Reclaims therapy as a vehicle for emancipation rather than a tool for ensuring conformity with neoliberal norms.” —Dr. James Davies, University of Roehampton, UK *The Revolutionary Psychologist's Guide to Radical Therapy* presents a bold, comprehensive framework for anti-capitalist psychotherapy. Edited by Jon Hook and Frank Gruba-McCallister, this volume features leading voices in radical psychology who challenge the ideological foundations of mainstream therapeutic practice. Organized into four sections—Theory, Practice, Context, and Sublation—the book begins by establishing the philosophical and political underpinnings of a liberatory therapeutic approach. It then moves into applied strategies for dismantling capitalist hegemony in clinical work, emphasizing collective liberation and social justice. The Context section situates these practices within specific cultural and historical frameworks, including Fanonian clinical methods and radical youth work. The final section explores existential and spiritual dimensions of suffering and freedom, offering a vision of therapy as a transformative force for individuals and society. Essential reading for academics, clinicians, and activists, this volume addresses the sociogenic roots of distress and advances a praxis of healing rooted in justice, resistance, and liberation. Jon Hook is a radical voice in contemporary psychotherapy whose work spans research, political critique, game design, and contemplative practice. He is the founder of Counterpsych and creator of the role-playing game *SURREALPUNK!* Frank Gruba-McCallister, PhD is a scholar-practitioner with over three decades in academia. He writes on existential psychology, spirituality, and radical therapy grounded in Marxist and critical theory.

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