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Nota di contenuto

Setting the Stage for LGBTQ+ Affirmative Therapy -- Person-Centered Screening, Assessment, and Case Formulation for Diverse LGBTQ+

Individuals -- Affirming Therapy in Response to Minority Stress among LGBTQ+ Clients -- Patient-Centered Treatment for Co-Occurring Trauma and Minority Stress -- Helping LGBTQ+ Clients Recover from Conversion Therapy or Non-Affirming Care Experiences -- Facilitating Identity Development and Affirmation among LGBTQ+ Clients -- Doing Affirmative Cognitive Behavioral Therapy with LGBTQ+ Youth and Their

Families -- Addressing Ageism among LGBTQ+ Older Adults --

Addressing Ableism to Promote the Mental Health of LGBTQ+ Persons with Disabilities -- Addressing Interlocking Systems of Oppression and the Need for Radical Hope and Healing for LGBTQ+ BIPOC Clients -- Interrupting Cissexism and Binary Conceptualizations of Gender/Sex in Therapy -- Countering Anti-Bisexual Prejudice and Monosexism in

Therapy with Bisexual Clients -- Supporting Asexual- and Aromantic-Spectrum Individuals in Therapy: Challenging Community-Specific

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Hardships and Compulsory Sexuality and Romanticism -- Addressing Relationship Stigma and Supporting LGBTQ+ Individuals in Consensually Non-Monogamous Relationships .-Addressing Interpersonal and Systemic Bias among LGBTQ+ Veterans.

This volume brings together cutting-edge work of LGBTQ+ health experts and master clinicians on the forefront of treatment development, adaptation, and implementation. It is designed for clinicians, educators, students, and researchers who want to implement LGBTQ+ affirming practices today. Every chapter includes rich case examples, clinical dialogue, and lessons learned, with particular attention to under-represented topics (e.g., person-centered assessment, co-occurring trauma and minority stress) and groups (e.g., Black, Indigenous, and People of Color, veterans, older adults, people with disabilities). "Although things have improved in healthcare for LGBTQ+ people, mental health professionals have much to learn in working therapeutically with LGBTQ+ patients. This volume represents a significant contribution in meeting this need. It is an invaluable book for clinicians and supervisors." - Marvin R. Goldfried, Ph.D., Distinguished Professor of Psychology (Ret.), Stony Brook University "This outstanding volume comes at a critical time to prepare mental health professionals to meet the unique needs of LGBTQ+ people. This book should be in every training curriculum and read by every practitioner." – Debra A. Hope, Ph.D., Aaron Douglas Professor. University of Nebraska-Lincoln "This essential guide equips clinicians with evidence-based strategies to address minority stress while enhancing resilience through an intersectional, affirming approach. An indispensable addition to any clinician's library!" - David P. Rivera, Ph. D., Queens College, City University of New York "This book fills an important gap in LGBTQ+ affirming care and elevates the voices of diverse authors across professions and settings. Readers will find this book accessible and practical in their day-to-day interactions with LGBTQ+ clients." - Michael P. Dentato, Ph.D., Associate Dean for Research & Professor, School of Social Work, Loyola University Chicago.