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Titolo	Reflexive Research in Music Therapy : Six Approaches in Practice // by Andeline dos Santos
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Nota di contenuto	Chapter 1: The Value of Reflexivity -- Chapter 2: A Map of Six Approaches to Reflexivity -- Chapter 3: Sentinel Reflexivity -- Chapter 4: Lens Reflexivity -- Chapter 5: Authorial Reflexivity.-Chapter 6: Empathic Reflexivity -- Chapter 7: Restorative Reflexivity -- Chapter 8: Relational Reflexivity -- Chapter 9: Mixing and Clashing.
Sommario/riassunto	The six reflexivity journeys that unfold in music therapy researchers' descriptions of their processes are termed Sentinel Reflexivity (restraining one's influence in the pursuit of an accurate understanding of a phenomenon or participants' experiences); Lens Reflexivity (exploring the implications of one's perspectives and constructions as one investigates a phenomenon); Authorial Reflexivity (exploring the reasons behind and implications of arguing for a more just interpretation of a phenomenon); Empathic Reflexivity (exploring the process and implications of developing understanding through closeness); Restorative Reflexivity (exploring and sharing one's perceptions and experiences of the phenomenon under investigation); and Relational Reflexivity (exploring and sharing how meaning is created through interconnectedness). The goal of the book is not to

argue that one approach is better than another. It is to propose a strategy for creating coherent and congruent research that aligns values, purpose, process and product. Andeline dos Santos co-directs the music therapy Masters program at the University of Pretoria. She is author of *Empathy pathways: A view from music therapy* (Palgrave Macmillan, 2022), (with Co-Editor-in-Chief of the open-access music therapy journal *Approaches: An Interdisciplinary Journal of Music Therapy* and an associate editor for the *Nordic Journal of Music Therapy*.
