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Liberal Bias in Psychology -- 4. The Problem with Claims about Psychology's 'Liberal Bias' -- 5. Culture War Psychology: Why the Liberal Bias Myth Persists, and Why it is Damaging -- 6. Liberal Bias in Psychology: An Intellectual Mirage -- Part II Conservative Psychology, Past and Present -- 7. Legacy Conservatism -- 8. What the Standard History of Psychology Usually Ignores -- 9. Psychology's Roots in Theology -- 10. Psychology's Roots in Class Conflict -- 11. Psychology's Roots in Eugenics -- 12. Psychology's Conservative Paradigms -- 13. From Conservative Past to Neoliberal Present -- Part III Psychology, Capitalism, and Human Welfare -- 14. Hierarchies and Hysteria -- 15. The Contrivance of Capitalist Minds -- 16. Capitalist Psychology -- 17. The Capitalist Denial of Illness -- 18. 'Personality Is Bad For You' -- 19. The Psychologising of the Sick -- 20. Unidentified Psychic Objects -- 21. Pathology and Protectionism -- Part IV Modernity and Declinism -- 22. Generation Snowflake -- 23. Depoliticising Youth Anxiety -- 24. Biological Reductionism Revisited -- Part V The Coddling of Conservative Minds -- 25. How Psychology Reinforces (and thus Perpetuates) Social Conservatism -- 26. Example #1: By Standing Up Against Safetyism -- 27. Example #2: By Pathologising Dissent -- 28. Example #3: By Labelling Deviance -- 29. Example #4: By Stigmatising Negativity -- 30. Example #5: By 'Othering' Ethnic Minorities -- 31. Example #6: By Policing Gender Identity -- 32. Example #7: By Perpetuating Traditional Gender Stereotypes -- 33. Example #8: By Exceptionalising Humanity -- Part VI Psychology's Whiteness Problem -- 34. Weird Science -- 35. Structural Racism in Psychology -- 36. Mechanisms of Whiteness -- 37. Silence as Supremacy -- Part VII Academic Exceptionalism and Psychology's Blind Eye -- 38. Internalising the War on 'Woke' -- 39. Good Science, Bad Science, Pseudoscience -- 40. Exceptionalism in Psychology -- Part VIII Beyond 'Liberal Bias': Four Paths to a Well-Adjusted Psychology -- 41. Rights and Responsibilities -- 42. Path #1: Effortful Diversity -- 43. Path #2: Constructive Action in Education and Academia -- 44. Path #3: Constructive Action in the Public Square -- 45. Path #4: De-privileging Psychology.

Sommario/riassunto

"A penetrating, timely, and very accessible exploration of the deep and continuing right-wing political biases in mainstream psychology." — Fathali M. Moghaddam, author of *How Psychologists Failed* "A scathing review and critique of the discipline... a marvellous insider account." — Ian Parker, University of Manchester, UK "This profound work should be required reading for all psychology students and beyond." — Thomas Teo, York University, Canada What if psychology isn't as liberal as we think? Psychology is often seen as a progressive discipline — a champion of social justice, diversity, and liberal values. But this provocative book challenges that assumption. It argues that psychology, from its historical entanglements with eugenics and colonialism to its modern-day focus on individualism, has long served to reinforce the status quo. Even as many psychologists identify as politically liberal, the field's methods, theories, and institutions often promote a worldview that downplays inequality, pathologizes dissent, and resists structural change. Psychology's emphasis on personal responsibility, resilience, and self-help frequently aligns more closely with conservative ideals than with progressive ones. This book explores how the myth of a "liberal bias" in psychology has been weaponised in today's culture wars — and how it distracts from the field's real political blind spots. It asks: what would it mean for psychology to truly live up to its promise of promoting human welfare? Accessible, deeply researched, and sharply argued, *Psychology's Quiet Conservatism* is essential reading for anyone interested in how science shapes society

— and how society shapes science. Brian M. Hughes is Professor of Psychology at the University of Galway, Ireland. A leading expert in stress, health, and the public understanding of science, he is a prominent commentator and advocate for evidence-based policy. His books include *A Conceptual History of Psychology* (2022), *The Psychology of Brexit* (2019), and *Psychology in Crisis* (2018).
