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	Altri autori (Persone)	KokLian Yee Che MuhamedAhmad Munir KohKoon Teck LawsiriratChaipat
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Nota di contenuto	<p>1. Expectancy Beliefs, Task Values and Anxiety towards Physical Education in Elementary School Pupils -- 2. Single Session of Graded Treadmill Exercise Triggers the Increase of Lactate Dehydrogenase Levels in Athletes: A Cross-Sectional Study -- 3. Effects of Strobe Image Feedback on Running Long Jump Performance in Physical Education Classes -- 4. Effects of a Single-Session High-Intensity Interval Training on Blood and Liver Function Markers in Athletes -- 5. Association Between Body Composition and Fitness Performance Among Malaysian Military Cadets -- 6. TARGET Measures, Situational Motivation and Adherence in Physical Education among Trainee Teachers -- 7. Normative Reference Values and Predicting Factors of Sport [1] Related Concussion in Contact and Non-Contact Sports among Athletes in Malaysian Sports Schools -- 8. Effect of Thick-Bar Resistance Training on Upper-Body and Handgrip Strength in Active Males -- 9. Effects of Repeated Hypoxic Exposure with High Intensity Interval Cycling in Trained Athletes -- 10. Comparing Flywheel Eccentric Overload and Fast Eccentric Resistance Training on 1-RM Back Squat in Resistance-Trained Students -- 11. Static and Dynamic Balance in Combat, Contact, and Skill Sports.</p>
Sommario/riassunto	<p>This book gathers papers presented at the 10th International Conference of Movement, Health and Exercise (MoHE 2024) held at Subang Jaya, Selangor, Malaysia 10-12 September. The content covers the following topics: exercise science; human performance; physical activity & health; sports medicine; sports nutrition; management & sports studies; and sports engineering & technology. The articles published will be of interest to researchers and practitioners from the field of rehabilitation, exercise medicine and sports technology.</p>