

1. Record Nr.	UNINA9911031561003321
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Titolo	Comics and Women's Mental Health : Five Stories / / by Jeanne-Marie Viljoen
Pubbl/distr/stampa	Cham : , : Springer Nature Switzerland : , : Imprint : Palgrave Macmillan, , 2025
ISBN	3-031-98265-7
Edizione	[1st ed. 2025.]
Descrizione fisica	1 online resource (155 pages)
Collana	Palgrave Studies in Comics and Graphic Novels, , 2634-6389
Disciplina	306.488 741.5
Soggetti	Comic books, strips, etc - Influence on mass media Medicine and the humanities Sex Mental health Gender identity in mass media Popular culture Comics Studies Medical Humanities Gender Studies Mental Health Media and Gender Popular Culture
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di contenuto	Chapter 1: Introduction: why comics and health? -- Chapter 2: How 'graphic medicine' is suited to telling women's stories of mental health -- Chapter 3: Collaborative authorial perspectives and relational knowledge of depression in Chipkin & Tavassoli's 'Eyes too dry' -- Chapter 4: Nagata's 'My lesbian experience with loneliness' and the 'mentally involved' subject -- Chapter 5: The emotion of invisibility and time passing in Wong's experience of postpartum depression, in 'Dear Scarlet' -- Chapter 6: Objects of haptic memory and the embodied experience of grief in Feder's 'Dancing at the Pity Party' -- Chapter 7:

Experiences of schizophrenia depicted through disruptions of form in Thornton's 'Hoax Psychosis Blues' -- Chapter 8: Conclusion and recommendations for practical use.

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## Sommario/riassunto

This book discusses five recent, hand-drawn, comics memoirs of women's mental health experiences, not easily captured in words alone. It deals with a range of mental health experiences that are not simply diagnoseable mental disorders, and do not always stem from visible physical conditions (heavy feelings, loneliness, postpartum depression, grief, schizophrenia and suicide). Yet, by also considering the formal qualities of these stories, it is able to focus on embodied aspects of experience, inflecting these with perspectives from a range of women of various ages, sexualities, genders, races and cultures. This book demonstrates how comics are an effective, interdisciplinary means of communicating women's mental health and wellbeing. Jeanne-Marie Viljoen is a scholar of literary trauma studies at Adelaide University, Australia, where her focus is on contemporary literature and visual narratives in decolonial contexts of violence. Her international training and lived experience of contested places (Cyprus, South Africa and Australia) continue to drive her engagement with arts as an active means of working with marginalization and its effects on social cohesion and collective wellbeing. Endorsements: "This book contributes a unique, valuable approach to women's mental health for academics, health professionals and carers...and to bodies of work in the medical humanities that destigmatises mental health and challenges entrenched orthodox medicalised approaches, which historically have harmed women." -- Professor Lia Bryant, sociologist of gender and wellbeing in rural communities, University of South Australia, Australia "A thought-provoking book about how graphic medicine comics can offer varied perspectives on mental health challenges that words alone cannot, it discusses clear and powerful examples of mental struggles. Highly recommended." -- David Rogers, GP and Co-Program Director, Bristol Medical School, UK "The engagement of this book with the interlocution of mental disorder and gender provides a space for telling of stories that might not be told and is of great importance to comics as graphic medicine as well as to the humanities in general." -- Allyson Kreuter, Professor of Literary Studies at the University of South Africa, South Africa.

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