

1. Record Nr.	UNINA9911022165603321
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Titolo	Domestic Abuse and Mental Health in Qatar : Challenges and Policy Interventions / / by Khalid Al-Naama
Pubbl/distr/stampa	Singapore : , : Springer Nature Singapore : , : Imprint : Springer, , 2025
ISBN	9789819673926
Edizione	[1st ed. 2025.]
Descrizione fisica	1 online resource (329 pages)
Collana	Gulf Studies, , 2662-4508 ; ; 23
Disciplina	613.019
Soggetti	Clinical health psychology Sex Health Health Psychology Gender Studies Gender and Health
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di contenuto	Chapter 1: An Introduction -- Chapter 2: Domestic Abuse and Mental Health: Global and Local Chapter -- 3: Research Methodology -- Chapter 4: Quantitative Findings and Analyses -- Chapter 5: Qualitative Findings and Analyses -- Chapter 6: Discussions.
Sommario/riassunto	This book delves into the mental health consequences of domestic abuse against women, including PTSD, depression, and anxiety, with a focus on Qatari women. Through a combination of quantitative and qualitative research, the book offers empirically grounded insights for policy interventions. It highlights psychological aggression and economic abuse as the most prevalent forms of abuse, while physical assault and sexual coercion are reported less frequently. Additionally, it explores the reasons why women often remain passive in abusive relationships. The book emphasizes the need for policy measures to prevent domestic abuse and makes a valuable contribution to the growing literature on domestic abuse in the Arab world, a topic that has historically received inadequate attention in academic research. .