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Record Nr.	UNINA9911022155703321
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Titolo	Handbook of Online Systemic Therapy, Supervision, and Training : Practice and Research / / edited by Maria Borcsa, Valeria Pomini
Pubbl/distr/stampa	Cham : , : Springer Nature Switzerland : , : Imprint : Springer, , 2025
ISBN	3-031-92225-5
Edizione	[1st ed. 2025.]
Descrizione fisica	1 online resource (759 pages)
Collana	European Family Therapy Association Series, , 2569-8796
Altri autori (Persone)	PominiValeria
Disciplina	616.89
Soggetti	Clinical psychology
	Systemic therapy (Family therapy)
	Client-centered psychotherapy
	Medicine
	Social psychiatry
	Public health
	Clinical Psychology
	Systems or Family Therapy
	Person-Centered Psychotherapy
	Clinical Medicine
	Clinical Social Work
	Public Health
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di contenuto	Chapter 1. Third Order Cybernetics: Systemic Practice Goes Digital -- PART I. ONLINE SYSTEMIC COUNSELING AND THERAPY - MODELS, SETTINGS, INTERVENTIONS -- Chapter 2. The Couple and Family Technology Framework: A Treatment Frame for Digital Lives -- Chapter 3. Therapeutic alliance in online systemic therapy: an exploratory research -- Chapter 4. One Room of Many: Joining Systemically in my Virtual Tiny Office -- Chapter 5. The Virtual Third - Conceptualizing Online Couple Therapy -- Chapter 6. Couple Time: The user-centred development of a systemic internet-based intervention for couples in crisis. A qualitative research -- Chapter 7. Online couple therapy using the Gottman approach -- Chapter 8. Safeguarding Children in

Sommario/riassunto	This handbook examines digital systemic psychotherapy and counseling for individuals, couples, families, and groups. It addresses online supervision for professionals working in mental health services as well as online training in systemic family and couple therapy. The handbook explores the dramatic changes in the use of digital technology since the COVID-19 pandemic. It provides a theoretical perspective on the impact of digital technology on family life as well as therapeutic work. The volume offers state-of-the-art practical recommendations to trainees, therapists, supervisors, and trainers for implementing online systemic practices. Key areas of coverage include: Therapeutic alliance in online systemic therapy. Online systemic therapy with individuals presenting psychological difficulties as well as families of adolescents with mental health issues. Online couples therapy. Online systemic group therapy with oncology patients. Online multifamily group therapy with youths facing psychotic symptoms. Online systemic supervision with individuals and teams. Online training in systemic couple and family therapy. Methods and guidelines for online systemic practices. The Handbook of Online Systemic Therapy, Supervision, and Training is a must-have resource for researchers, professors, and graduate students as well as clinicians, therapists, and other professionals in clinical psychology, family studies, psychotherapy, social work, public health, and all interrelated disciplines.