Record Nr. UNINA9911022155703321 Autore Borcsa Maria Titolo Handbook of Online Systemic Therapy, Supervision, and Training: Practice and Research / / edited by Maria Borcsa, Valeria Pomini Cham:,: Springer Nature Switzerland:,: Imprint: Springer,, 2025 Pubbl/distr/stampa **ISBN** 3-031-92225-5 Edizione [1st ed. 2025.] Descrizione fisica 1 online resource (759 pages) Collana European Family Therapy Association Series, , 2569-8796 Altri autori (Persone) PominiValeria Disciplina 616.89 Soggetti Clinical psychology Systemic therapy (Family therapy) Client-centered psychotherapy Medicine Social psychiatry Public health Clinical Psychology Systems or Family Therapy Person-Centered Psychotherapy Clinical Medicine Clinical Social Work Public Health Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Chapter 1. Third Order Cybernetics: Systemic Practice Goes Digital --Nota di contenuto PART I. ONLINE SYSTEMIC COUNSELING AND THERAPY - MODELS, SETTINGS, INTERVENTIONS -- Chapter 2. The Couple and Family Technology Framework: A Treatment Frame for Digital Lives -- Chapter 3. Therapeutic alliance in online systemic therapy: an exploratory research -- Chapter 4. One Room of Many: Joining Systemically in my Virtual Tiny Office -- Chapter 5. The Virtual Third - Conceptualizing Online Couple Therapy -- Chapter 6. Couple Time: The user-centred

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Uncertain Times: Delivering a Virtual Family Therapy Clinic within Social Services -- Chapter 9. Let's play! The use of online games in systemic family therapy -- Chapter 10. When verbal communication isn't helpful enough: metaphoric tools in online systemic family therapy -- Chapter 11. From the monitor background to the virtual therapeutic field: giving voice to images -- Chapter 12. "Baking the same cake": Online systemic multifamily group therapy after first episode of psychosis --Chapter 13. "More than a screenshot": Online systemic psychoeducational group therapy for women facing breast cancer --Part II. ONLINE SYSTEMIC SUPERVISION, TRAINING, AND LIFE-LONG LEARNING -- Chapter 14. Consulting the oracle: resources, advantages. techniques, and risks of online supervision -- Chapter 15. Interaction in systemic online group supervision: multimodal analyses of dialogue quality -- Chapter 16. Looking at the future: Evolution and transformation of systemic training in the digital age -- Chapter 17. Digital journals in the systemic community -- Chapter 18. Online Journals as Multimodal Meta-Texts.

Sommario/riassunto

This handbook examines digital systemic psychotherapy and counseling for individuals, couples, families, and groups. It addresses online supervision for professionals working in mental health services as well as online training in systemic family and couple therapy. The handbook explores the dramatic changes in the use of digital technology since the COVID-19 pandemic. It provides a theoretical perspective on the impact of digital technology on family life as well as therapeutic work. The volume offers state-of-the-art practical recommendations to trainees, therapists, supervisors, and trainers for implementing online systemic practices. Key areas of coverage include: Therapeutic alliance in online systemic therapy. Online systemic therapy with individuals presenting psychological difficulties as well as families of adolescents with mental health issues. Online couples therapy. Online systemic group therapy with oncology patients. Online multifamily group therapy with youths facing psychotic symptoms. Online systemic supervision with individuals and teams. Online training in systemic couple and family therapy. Methods and guidelines for online systemic practices. The Handbook of Online Systemic Therapy, Supervision, and Training is a must-have resource for researchers, professors, and graduate students as well as clinicians, therapists, and other professionals in clinical psychology, family studies, psychotherapy, social work, public health, and all interrelated disciplines.