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Nota di contenuto	Chapter 1. Third Order Cybernetics: Systemic Practice Goes Digital -- PART I. ONLINE SYSTEMIC COUNSELING AND THERAPY - MODELS, SETTINGS, INTERVENTIONS -- Chapter 2. The Couple and Family Technology Framework: A Treatment Frame for Digital Lives -- Chapter

3. Therapeutic alliance in online systemic therapy: an exploratory research -- Chapter 4. One Room of Many: Joining Systemically in my Virtual Tiny Office -- Chapter 5. The Virtual Third - Conceptualizing Online Couple Therapy -- Chapter 6. Couple Time: The user-centred development of a systemic internet-based intervention for couples in crisis. A qualitative research -- Chapter 7. Online couple therapy using the Gottman approach -- Chapter 8. Safeguarding Children in Uncertain Times: Delivering a Virtual Family Therapy Clinic within Social Services -- Chapter 9. Let's play! The use of online games in systemic family therapy -- Chapter 10. When verbal communication isn't helpful enough: metaphoric tools in online systemic family therapy -- Chapter 11. From the monitor background to the virtual therapeutic field: giving voice to images -- Chapter 12. "Baking the same cake": Online systemic multifamily group therapy after first episode of psychosis -- Chapter 13. "More than a screenshot": Online systemic - psychoeducational group therapy for women facing breast cancer -- Part II. ONLINE SYSTEMIC SUPERVISION, TRAINING, AND LIFE-LONG LEARNING -- Chapter 14. Consulting the oracle: resources, advantages, techniques, and risks of online supervision -- Chapter 15. Interaction in systemic online group supervision: multimodal analyses of dialogue quality -- Chapter 16. Looking at the future: Evolution and transformation of systemic training in the digital age -- Chapter 17. Digital journals in the systemic community -- Chapter 18. Online Journals as Multimodal Meta-Texts.

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#### Sommario/riassunto

This handbook examines digital systemic psychotherapy and counseling for individuals, couples, families, and groups. It addresses online supervision for professionals working in mental health services as well as online training in systemic family and couple therapy. The handbook explores the dramatic changes in the use of digital technology since the COVID-19 pandemic. It provides a theoretical perspective on the impact of digital technology on family life as well as therapeutic work. The volume offers state-of-the-art practical recommendations to trainees, therapists, supervisors, and trainers for implementing online systemic practices. Key areas of coverage include: Therapeutic alliance in online systemic therapy. Online systemic therapy with individuals presenting psychological difficulties as well as families of adolescents with mental health issues. Online couples therapy. Online systemic group therapy with oncology patients. Online multifamily group therapy with youths facing psychotic symptoms. Online systemic supervision with individuals and teams. Online training in systemic couple and family therapy. Methods and guidelines for online systemic practices. The Handbook of Online Systemic Therapy, Supervision, and Training is a must-have resource for researchers, professors, and graduate students as well as clinicians, therapists, and other professionals in clinical psychology, family studies, psychotherapy, social work, public health, and all interrelated disciplines.

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