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| Nota di contenuto | Chapter 1 Why is Patient-Centered Culturally Competent Care important? -- Chapter 2 Establishing Trust When Many African Americans Mistrust Healthcare -- Chapter 3 Bias and its Impact on Clinical Decision-Making -- Chapter 4 How Emotional and Cultural Intelligence Can Improve Your Clinical Care Delivery -- Chapter 5 Important Differences in Cardiovascular Care -- Chapter 6 Important Differences in Diabetes Care and Obesity -- Chapter 7 Important Differences in Cancer -- Chapter 8 Important Differences in Renal Disease -- Chapter 9 Important Differences in Rheumatological Diseases -- Chapter 10 Important Differences in Pulmonary Diseases -- Chapter 11 Important Differences in Laboratory Results and Hematological Diseases -- Chapter 12 Sickle Cell Disease -- Chapter 13 Important Differences in Gastrointestinal Diseases -- Chapter 14 Dietary Differences and Ways to Impact Care -- Chapter 15 Important Differences and Disparities in Pain -- Chapter 16 Connecting with Stories: Improving Patient Adherence -- Addiction Medicine and the African American -- An Oath and a Responsibility. |

Sommario/riassunto

This new edition is an easy-to-read guide outlining specific differences in communication, clinical therapies, medications, protocols, and other critical precision medicine approaches to the care of African Americans. African Americans still face significant health disparities in the United States across numerous health measures. Despite their uniquely poor health outcomes, no other book has taken a laser focus on this community and shed light on best practices based on confirmed and replicated research outcomes. From cardiovascular disease to cancer, the physiology, pharmacology, prevention, and other interventions are, in many cases, uniquely different for African Americans. As such, the optimal approach to achieving the best outcomes is different. This updated edition expands on the success of the first with a distinct precision medicine approach. Data is updated throughout to improve and refine the perspectives given. New sections have been added covering bias, pain, emotional and cultural intelligence, and sickle cell disease. Updated, expanded, and including more specialists in their field, this second edition advances approaches and practices that continue to benefit the clinical care of African Americans.
