

1. Record Nr.	UNINA9911020447203321
Autore	Dewe Philip
Titolo	Coping with work stress : a review and critique / / Philip J. Dewe, Michael P. O'Driscoll and Cary L. Cooper
Pubbl/distr/stampa	Malden, Mass., : Wiley-Blackwell, 2010
ISBN	9786612883583 9781282883581 1282883585 9780470711712 047071171X 9780470711705 0470711701
Descrizione fisica	1 online resource (202 p.)
Altri autori (Persone)	O'DriscollMichael P CooperCary L
Disciplina	158.7/2
Soggetti	Job stress Stress management
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Coping with Work Stress; Contents; 1: Work Stress and Coping: Setting the Scene; The Term 'Stress'; The Costs of Stress; Sickness Absence; Labour Turnover; Presenteeism; Work and Mental Health Generally; The Changing Work Context and Work Stressors; Work Stressors: Some Issues; Changing Work Stressors; 2: Coping: The Measurement Debate; A History and Some Definitional Issues Surrounding Coping; Defining Coping and Definitional Issues; The Measurement of Coping; Coping Checklists; Classifying Coping and Creating Scales; 3: New Directions for Coping Research; New Developments in Appraisal The Influence of Positive PsychologyFrom Positive Psychology to Proactive Coping; Other Developments in Coping; Progress towards Understanding Coping Effectiveness; From Stress to Emotions to Positive Emotions and Coping; 4: Coping with Specific Work-Related Stressors; Types of Coping; Coping with Work Stressors; Coping Strategies Used by Specific Occupational Groups; Future Directions in

Research on Coping with Specific Work Stressors; 5: Coping with Work-Life Conflict; Social Support; Personal Control; Personal Coping Strategies; Organizational Strategies to Ameliorate Work-Life Conflict Conclusions6: Stress Management Interventions; Conceptual Framework for Stress Management Interventions; Evaluating Stress Management Interventions; Factors Influencing the Effectiveness of Stress Management Interventions; Some Guidelines for Effective Interventions; Conclusions; 7: Coping with Work Stress: An Agenda for the Future; Continuing Debates: Emerging Context; Building a Future Research Agenda from the Themes of the Past; The Characteristics of Coping and Coping Types; Assessment of Coping Behaviours; Coping Styles versus Coping Strategies; The Role of Meaning in Coping Research  
Coping EffectivenessPersonal Coping versus Organizational Stress Management Interventions; From Stress to Well-Being; Conclusions; References; Index

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## Sommario/riassunto

*Coping with Work Stress: A Review and Critique* highlights current research relating to the coping strategies of individuals and organizations, and provides best practice techniques for dealing with the growing epidemic of stress and lack of overall well-being at work.

- Reviews and critiques the most current research focusing on workplace stress
- Provides 'best practice' techniques for dealing with stress at the workplace
- Extends beyond stress to cover broader issues of well-being at work

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2. Record Nr.	UNINA9911022462003321
Autore	Chakrabarti Amaresh
Titolo	Responsible and Resilient Design for Society, Volume 3 : Proceedings of ICoRD 2025
Pubbl/distr/stampa	Singapore : , : Springer, , 2025 ©2025
ISBN	981-9654-91-2
Edizione	[1st ed.]
Descrizione fisica	1 online resource (566 pages)
Collana	Lecture Notes in Mechanical Engineering Series
Altri autori (Persone)	SinghVishal OnkarPrasad S ShahidMohammad
Disciplina	620.0042
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Sommario/riassunto	This book showcases cutting-edge research papers from the 10th International Conference on Research into Design (ICoRD 2025) - the largest in India in this area - written by eminent researchers from across the world on design processes, technologies, methods and tools, and their impact on innovation.