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in the Young Athlete: Stress Fractures; 13 Protective Sports Equipment; 14 Rehabilitation of Children Following Sport and Activity Related Injuries

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Sommario/riassunto

* An essential text that defines the medical and scientific aspects of the child and adolescent athlete* Meets the need for a responsible approach to the developing athlete* Covers key concepts in six sections: Growth, Maturation, and Physical Performance; Conditioning; Injuries; Non-orthopaedic Health Concerns; Psychosocial Issues; Disease and the Young Athlete
