

1.	Record Nr.	UNICAMPANIAVAN00297022
	Autore	Wang, Lei
	Titolo	Design and Applications of Adaptive Impedance Converters / Lei Wang, Man-Chung Wong, Ziyi Bai - Singapore : Springer, 2024
	Pubbl/distr/stampa	X, 248 p. ; 24 cm
	ISBN	978-98-19-75318-5
	Altri autori (Persone)	Bai, Ziyi Wong, Man-Chung
	Lingua di pubblicazione	Inglese
	Formato	Materiale a stampa
	Livello bibliografico	Monografia
2.	Record Nr.	UNINA9911020098503321
	Autore	Milne D (Derek)
	Titolo	The psychology of retirement : coping with the transition from work / / Derek Milne
	Pubbl/distr/stampa	West Sussex, U.K., : John Wiley & Sons Inc., 2013
	ISBN	9781118408681 1118408683 9781299158382 1299158382 9781118408704 1118408705 9781118408711 1118408713
	Descrizione fisica	1 online resource (206 p.)
	Disciplina	155.67/2
	Soggetti	Retirement - Psychological aspects
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	Formato	Materiale a stampa
	Livello bibliografico	Monografia
	Note generali	Description based upon print version of record.

Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	About this book and author -- Acknowledgements -- The surprises of retirement -- Understanding retirement -- Reframing retirement -- Relating in retirement -- Supporting retirement -- Learning from life -- Learning for life -- Conclusions -- Recommended reading and references for key research studies -- Index.
Sommario/riassunto	The Psychology of Retirement is the first self-help guide to retirement based on highly proven psychological coping strategies. Provides the most comprehensive and coherent account of the challenges of retirement and the associated aging processRepresents the culmination of over 30 years of clinical, teaching and research involvement in the main issues discussed within this bookDraws systematically on applied scientific theories, accepted professional circles, which are interpreted and communicated by an applied scientist A constructive e