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Chapter 24 Personal Construct Psychotherapy and the Constructivist Horizon
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Section IX: Living with Personal Construct Psychology: Personal Accounts

Sommario/riassunto

Personal Construct Psychology (PCP) was devised by George Kelly in 1955 as a new method in psychotherapy. Since then, his techniques have been applied widely throughout psychology and beyond, to include areas as diverse as nursing, conflict resolution, sociology and literary criticism. This handbook brings together, for the first time, a wide range of theories, research and practice that have grown out of Kelly's original concept. It provides a reference on what has been done and insights into how further applications can be made within psychology and psychotherapy, and also
