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Edizione	[2nd ed.]
Descrizione fisica	1 online resource (514 p.)
Altri autori (Persone)	LevineArlene B
Disciplina	616.3/9
Soggetti	Metabolic syndrome Cardiovascular system - Diseases - Etiology Cardiovascular system - Diseases Heart - Diseases - Risk factors Cardiovascular system - Diseases - Prevention
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	The metabolic syndrome : a relevant concept? -- Mitochondria -- Telomeres -- The FoxO transcription factors and sirtuins -- Insulin and insulin-like growth factor -- Oxidative stress -- Mental stress -- Sleep -- Inflammation -- Adipose tissue and overweight -- Weight loss and diet -- Skeletal muscle and exercise -- Lipids, atherogenic dyslipidemia, and therapy -- The endothelium, cardiovascular disease, and therapy -- Insulin resistance, metabolic syndrome, and therapy.
Sommario/riassunto	Trends indicate that the metabolic syndrome will become the leading risk factor for heart disease. Now more than ever you need an all-in-

one reference that provides the tools and practical advice you need to:
Identify at-risk patients Explain individual contributing factorsAid in
patient education and motivationDirect comprehensive care and
Choose the most appropriate interventions Comprehensively revised to
reflect leading-edge research and now organized to facilitate easy
access to essential inf
