

1. Record Nr.	UNINA9911019846203321
Autore	Lee-Chiong Teofilo L. <1960->
Titolo	Sleep : a comprehensive handbook / / Teofilo Lee-Chiong
Pubbl/distr/stampa	Hoboken, N.J., : Wiley, c2006
ISBN	9786610286911 9781280286919 1280286911 9780470360439 0470360437 9780471751724 0471751723 9780471751717 0471751715
Descrizione fisica	1 online resource (1132 p.)
Disciplina	612.8/21 616.8498
Soggetti	Sleep Sleep disorders
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	SLEEP: A COMPREHENSIVE HANDBOOK; CONTENTS; PREFACE; CONTRIBUTORS; PART I THE SCIENCE OF SLEEP MEDICINE; 1 Normal Human Sleep; 2 The Neurobiology of Sleep; 3 Physiologic Processes During Sleep; 4 Biological Rhythms and Sleep; 5 Biology of Dreaming; 6 Psychology of Dreaming; 7 The Function of Sleep; 8 The Evolution of Sleep: A Phylogenetic Approach; 9 Neuropharmacology of Sleep and Wakefulness; 10 Epidemiology of Sleep Disorders; 11 Classification of Sleep Disorders; PART II INSOMNIA; 12 Insomnia: Prevalence and Daytime Consequences; 13 Causes of Insomnia; 14 Medications that Can Cause Insomnia 15 Fatal Familial Insomnia16 Evaluation of Insomnia; 17 Pharmacologic Therapy of Insomnia; 18 Nonpharmacologic Therapy of Insomnia; PART III EXCESSIVE SLEEPINESS; 19 Sleep Deprivation and Its Effects on

Cognitive Performance; 20 Narcolepsy; 21 Idiopathic Hypersomnia; 22 Post-traumatic and Recurrent Hypersomnia; 23 Sleeping Sickness; 24 Medications that Induce Sleepiness; 25 Evaluation of Excessive Sleepiness; 26 Therapy for Excessive Sleepiness; 27 Napping; 28 Sleep Loss, Sleepiness, Performance, and Safety; PART IV SLEEP DISORDERED BREATHING SYNDROMES  
 29 Physiology of Sleep Disordered Breathing; 30 Snoring; 31 Overview of Obstructive Sleep Apnea in Adults; 32 Upper Airway Resistance Syndrome; 33 Central Sleep Apnea; 34 Obesity Hypoventilation Syndrome; 35 Cardiovascular Complications of Obstructive Sleep Apnea; 36 Pulmonary Hypertension and Sleep Disordered Breathing; 37 Neurocognitive and Functional Impairment in Obstructive Sleep Apnea; 38 Sleep Apnea and Cerebrovascular Disease; 39 Radiographic and Endoscopic Evaluation of the Upper Airway; 40 Evaluation of Sleep Disordered Breathing: Polysomnography  
 41 Evaluation of Sleep Disordered Breathing 2: Portable Sleep Monitoring; 42 Indications for Treatment of Obstructive Sleep Apnea in Adults; 43 Medical Treatment of Obstructive Sleep Apnea: Life-Style Changes, Weight Reduction, and Postural Therapy; 44 Pharmacological Treatment of Sleep Disordered Breathing; 45 Positive Airway Pressure Therapy for Obstructive Sleep Apnea; 46 Upper Airway Surgery for Obstructive Sleep Apnea; 47 Oral Devices Therapy for Obstructive Sleep Apnea; PART V CIRCADIAN RHYTHM SLEEP DISORDERS; 48 Advanced, Delayed, Irregular, and Free-Running Sleep-Wake Disorders  
 49 Jet Lag; 50 Shift Work Sleep Disorder; 51 Neurological and Medical Disorders Associated with Circadian Rhythm Disturbances; 52 Psychiatric Disorders Associated with Circadian Rhythm Disturbances; 53 Therapy of Circadian Sleep Disorders; PART VI PARASOMNIAS; 54 Disorders of Arousal and Sleep-Related Movement Disorders; 55 Sleepwalking; 56 REM Sleep Behavior Disorder and REM-Related Parasomnias; 57 Nocturnal Enuresis in Children; 58 Sleep Bruxism; 59 Sleep-Related Eating Disorders; 60 Other Parasomnias; PART VII MOVEMENT DISORDERS; 61 Restless Legs Syndrome; 62 Periodic Limb Movement Disorder  
 PART VIII SLEEP IN INFANTS AND CHILDREN

## Sommario/riassunto

A unique resource on sleep medicine Written by contemporary experts from around the world, Sleep: A Comprehensive Handbook covers the entire field of sleep medicine. Taking a novel approach, the text features both syndrome- and patient-oriented coverage, making it ideally suited for both clinical use and academic study. Sleep: A Comprehensive Handbook begins with a brief introduction to the basic science of sleep, from neurobiology to physiologic processes. This leads into sections offering comprehensive coverage of insomnia, sleep apnea, narcolepsy, para