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Nota di contenuto	CBT for Schizophrenia: Evidence-Based Interventions and Future Directions; Copyright; Contents; About the Editor; List of Contributors; Preface; Acknowledgements; 1 CBT for Psychosis: An Introduction; Introduction; Schizophrenia; Hallucinations; Delusions; Cognitive Behavioural Models of Psychosis; CBT for Psychosis; Engagement within CBT; Assessment within CBT; The Evidence Base for CBT for Psychosis; References; 2 Cognitive Therapy for Reducing Distress and Harmful Compliance with Command Hallucinations; Introduction; Clinical Trial Evidence; The CTCH Model; Case example: Lilly The Trial ProtocolCase Example: Marcus; Assessment; Engagement; Promoting control; Socializing into the ABC/CTCH model; Developing and sharing the formulation; Agreeing and Setting Therapy Goals in CTCH; Reframing and disputing power beliefs; Reducing the use of safety behaviours; Raising the power of the individual; Addressing identity, purpose and personal meaning beliefs; Reframing and

disputing core beliefs; Outcome; Limitations and Future Directions in CTCH; References; 3 CBT for Post-Traumatic Stress Disorder and Psychosis; Introduction and Current Evidence-Base; The Protocol Session Structure; Monitoring; Protocol Content; Presentation; Background; Treatment programme; Outcome; Discussion; Acknowledgements; References; 4 CBT for Individuals at High Risk of Developing Psychosis; Who is at Ultra-High Risk of Developing Psychosis?; What are Attenuated Psychotic Symptoms?; Clinical Interventions for Individuals at Ultra-High Risk; Our Trials; The Cognitive Model of Psychosis; The Treatment Protocol Used in the Trial; First session; By session 3; Subsequent sessions; Final two sessions; Case Example: 'At-Risk' Client with Attenuated Paranoia and Thought Broadcasting
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Treating Primary Negative Symptoms; Targeting Low Expectancies for Pleasure; Targeting Low Expectancies for Success; Targeting the Impact of Stigma; Targeting Perception of Low Resources; Summary; Note; References; 6 The Challenge of Anger, Aggression and Violence when Delivering CBT for Psychosis: Clinical and Service Considerations; Introduction; Substance Use, Schizophrenia and Violence; Anger, Schizophrenia and Violence; Implications for Interventions; Engagement; Useful Assessments; Formulation in Preparation for Intervention; Intervention; Identifying the Focus for Therapy
Case example: Paul

Sommario/riassunto

Informed by the latest clinical research, this is the first book to assemble a range of evidence-based protocols for treating the varied presentations associated with schizophrenia through Cognitive Behavioural Therapy. Deals with a wide range of discrete presentations associated with schizophrenia, such as command hallucinations, violent behaviour or co-morbid post-traumatic stress disorder. Covers work by the world's leading clinical researchers in this field. Includes illustrative case material in each chapter.
