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Autore	Iveson Chris.
Titolo	Brief coaching : a solution focused approach // Chris Iveson, Evan George and Harvey Ratner
Pubbl/distr/stampa	Hove ; ; New York : , : Routledge, , 2012
ISBN	1-136-50309-9 1-136-50310-2 0-203-14441-4
Descrizione fisica	1 online resource (210 p.)
Collana	Essential coaching skills and knowledge
Altri autori (Persone)	GeorgeEvan RatnerHarvey
Disciplina	616.89/147
Soggetti	Brief psychotherapy Personal coaching Counseling psychology Counseling psychologist and client
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Front Cover; Brief Coaching; Copyright Page; Contents; Preface; Acknowledgements; 1. Introduction; 2. Basic principles; 3. Establishing the contract; 4. Preferred futures; 5. What is already working?; 6. Scales; 7. Closing a session; 8. Second and subsequent sessions; 9. Back to work; 10. The manager-coach; 11. Last words; Appendix: Solution focused questions; References; Index
Sommario/riassunto	Brief Coaching offers a new approach to coaching by considering how the client will know when they have reached their goal, and what they are already doing to get there. The coach aims to work towards the solution rather than working away from the problem, so that the client's problem is not central to the session, but instead the coach and the client work towards the client's preferred future. This book employs case examples and transcripts of sessions to offer guidance on: looking for resources rather than deficit exploring possible and prefer

2. Record Nr.	UNINA9911019687003321
Autore	Girard Alain
Titolo	Structural dynamics in industry // Alain Girard and Nicolas Roy
Pubbl/distr/stampa	London, : ISTE Hoboken, NJ, USA, : Wiley, 2008
ISBN	9786612164835 9781282164833 128216483X 9780470610916 0470610913 9780470393499 0470393491
Descrizione fisica	1 online resource (451 p.)
Collana	ISTE ; ; v.7
Altri autori (Persone)	RoyNicolas
Disciplina	624.1/7
Soggetti	Structural dynamics - Mathematical models Functional analysis Industrial buildings
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Structural Dynamics in Industry; Table of Contents; Foreword; Preface; Introduction; Glossary; Chapter 1. General Introduction to Linear Analysis; 1.1. Introduction; 1.2. Motion types; 1.2.1. Sine motion; 1.2.1.1. Pure sine; 1.2.1.2. Swept sine; 1.2.1.3. Periodic motion; 1.2.2. Transient motion; 1.2.3. Random motion; 1.2.3.1. Random process; 1.2.3.2. Time analysis; 1.2.3.3. Statistical analysis; 1.2.3.4. Power spectral densities; 1.3. Time domain and frequency domain; 1.3.1. Introduction; 1.3.2. The time domain; 1.3.3. The frequency domain; 1.4. Frequency Response Functions 1.4.1. Introduction 1.4.2. Frequency Response Functions and responses; 1.4.3. The nature of excitations and responses; 1.4.4. The nature of Frequency Response Functions; 1.5. Equations of motion and solution; 1.5.1. Equations of motion; 1.5.2. Solution using the direct frequency approach; 1.5.3. Solution using the modal approach; 1.5.4. Modes and

1-DOF system; 1.6. Analysis and tests; Chapter 2. The Single-Degree-of-Freedom System; 2.1. Introduction; 2.2. The equation of motion and the solution in the frequency domain; 2.2.1. Equations of motion; 2.2.2. Motion without excitation
2.2.2.1. The conservative system 2.2.2.2. Dissipative system; 2.2.3. Solution in the frequency domain; 2.2.4. Dynamic amplifications; 2.2.5. Response to a random excitation; 2.3. Time responses; 2.3.1. Response to unit impulse; 2.3.2. Response to a general excitation; 2.3.3. Response spectra; 2.4. Representation of the damping; 2.4.1. Viscous damping; 2.4.2. Structural damping; 2.4.3. Other representations; Chapter 3. Multiple-Degree-of-Freedom Systems; 3.1. Introduction; 3.2. Determining the structural matrices; 3.2.1. Introduction; 3.2.2. Local element matrices
3.2.3. Element matrices in global reference form 3.2.4. Assembly of element matrices; 3.2.5. Linear constraints between DOF; 3.2.5.1. Introduction; 3.2.5.2. DOF elimination; 3.2.5.3. DOF introduction; 3.2.6. Excitation forces; 3.3. The finite element method; 3.3.1. Introduction; 3.3.2. The rod element; 3.3.3. Beam finite element in bending; 3.3.4. The complete beam finite element; 3.3.5. Excitation forces; 3.4. Industrial models; 3.4.1. Introduction; 3.4.2. The element types; 3.4.3. Linear constraints; 3.4.4. DOF management; 3.4.5. Rules for modeling and verification of the model
3.4.6. Industrial examples 3.5. Solution by direct integration; 3.5.1. Introduction; 3.5.2. Example of explicit method; 3.5.3. Example of implicit method; Chapter 4. The Modal Approach; 4.1. Introduction; 4.2. Normal modes; 4.2.1. Introduction; 4.2.2. Free structures; 4.2.3. System static condensation; 4.2.4. Eigenvalue problem solution; 4.3. Mode superposition; 4.3.1. Introduction; 4.3.2. Equation of motion transformation; 4.3.3. Problem caused by the damping; 4.3.4. Frequency resolution; 4.4. From the frequency approach to the modal approach; Chapter 5. Modal Effective Parameters
5.1. Introduction

Sommario/riassunto

Structural Dynamics in Industry focuses on the behavior of structures subjected to a vibrational or shock environment. It takes a systematic approach to the basic concepts in order to enhance the reader's understanding and to allow industrial structures to be covered with the necessary degree of depth. The developments are explained with a minimum of mathematics and are frequently illustrated with simple examples, while numerous industry case studies are also provided.
