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Altri autori (Persone)	WatsonRonald R (Ronald Ross)
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Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Antioxidants as cancer therapies / T. Bermejo Vicedo and F. J. Hidalgo Correas -- Cancer and nutrition / Danine Fisher -- Vitamin E in cancer prevention and treatment / Ester Du, Jin Zhang, Bailin Liang, and Ronald R. Watson -- Chemical versus food forms of selenium in cancer prevention / Cindy D. Davis and John W. Finley -- Nutrients to stimulate cellular immunity: role in cancer prevention and therapy / Satoru Moriguchi, Satoe Yamashita, and Eiji Shimizu -- Nutrition and skin cancer risk prevention / Steven Pratt, Hubert T. Greenway, and Craig Naugle -- Nutritional strategies for the prevention of cervical cancer / Paula Inserra and Brent P. Mahoney -- Tomato and cancer / Patrizia Riso, Antonella Brusamolino, and Marisa Porrini -- The role of dietary fiber in colon cancer prevention / Nancy J. Emenaker -- Soy food and breast cancer / Debra Hickman -- Preventive and therapeutic effects of dietary phytochemicals on cancer development /

Ali Reza Waladkhani and Michael R. Clemens -- Phytomedicines and cancer prevention / Piergiorgio Pietta -- Phytoestrogens and cancer / Ruth S. Macdonald, Ju-Yuan Guo, Mary Sharl Sakla, Nader Shenouda, and Dennis B. Lubahn -- Herbals and cancer prevention / Michael J. Wargovich, Destiny M. Hollis, and Mary E. S. Zander -- Cruciferous vegetables and cancer prevention / Cynthia A. Thomson and Tina L. Green -- Breast cancer prevention / Brent P. Mahoney and Paula Inserra.

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#### Sommario/riassunto

Cancer is a leading cause of death among adults but research shows that the chances of developing cancer can be reduced by lifestyle changes. Increasing numbers of people use dietary vegetables, medicinal herbs, and plant extracts to prevent or treat cancer. Their availability as "over the counter" supplements has contributed to an explosion in the use of herbal extracts and related compounds for health enhancement. This vital resource brings together the worlds leading experts' research, their conclusions and recommendations on functional foods and nutraceuticals in the prevention and tr

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