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| Nota di contenuto       | Section I Foundations -- Chapter 1 General Principles for Counseling Children and Adolescents -- Chapter 2 Structure and Function of the Nervous System -- Chapter 3 Cellular Function and Epigenetics -- Section II Childhood -- Chapter 4 Neurophysiological and Social Development During Childhood -- Chapter 5 Problems of Childhood -- Chapter 6 Counseling Approaches I: Behavior Modification and Behavior Analysis-- Chapter 7 Counseling Approaches II: Play Therapy and the Creative Arts -- Section III Adolescence -- Chapter 8 Neurophysiological and Social Development During Adolescence -- Chapter 9 Problems of Adolescence -- Chapter 10 Counseling Approaches III: Cognitive Behavior Therapies -- Chapter 11 Counseling Approaches IV: Biofeedback, Neurofeedback, and Therapeutic Lifestyle Change -- Section IV Conclusion -- Chapter 12 Delivering Neuroeducation to Children and Adolescents |

