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Nota di contenuto	Classification, diagnosis and comorbidities of eating disorders: a review / Katherine A. Halmi -- Epidemiology and cultural aspects of eating disorders: a review / Hans Wijbrand Hoek, Daphne van Hoeken, Melanie A. Katzman -- Physical complications and physiological aberrations in eating disorders: a review / Francesca Brambilla, Palmiero Monteleone -- Pharmacological treatment of eating disorders: a review / Martina de Zwaan, James Roerig -- Psychological interventions for eating disorders: review / G. Terrance Wilson -- Economic and social burden of eating disorders: a review / Scott J. Crow, Carol B. Peterson.
Sommario/riassunto	Eating disorders are characterised by a persistent pattern of aberrant eating or dieting behaviour. These patterns are associated with significant emotion, physical and relational distress. Researchers estimate the incidence of eating disorders at somewhere between 1 and

40f the adolescent and early adult population, and most cases of anorexia and bulimia nervosa remain undiagnosed or are treated inappropriately. Written by an internationally renowned psychiatrist, this book reduces the gap between research evidence and clinical evidence in order to improve the diagnosis and treatment of these mental disorders with severe physical consequences.
