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Titolo	The Future of Coaching : Building Bridges Between Science and Practice // by Siegfried Greif
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Descrizione fisica	1 online resource (XI, 300 p. 16 illus., 10 illus. in color.)
Disciplina	658.3124
Soggetti	Personal coaching Positive psychology Psychology, Industrial Coaching Positive Psychology Work and Organizational Psychology Occupational Health Psychology
Lingua di pubblicazione	Inglese
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Livello bibliografico	Monografia
Nota di contenuto	Building Bridges Between Science and Practice -- What is Coaching? -- Comparison of Coaching with other Methods -- Different types of Coaching -- Directions and concepts of coaching -- Coaching methods: Reappraisal under posttraditional scientific magnifying glass -- Examining Coaching Effectiveness -- Coaching processes -- Result-oriented Coaching -- Perspectives.
Sommario/riassunto	This open access book builds bridges between the science of coaching and coaching practice by analyzing the effects of coaching in detail and improving its practical effectiveness. Written by a proven expert in the field, it scrutinizes old and new methods of coaching and substantiates what still works and what does not. It provides guidance to sift the science from pseudoscience and charlatanism. Some of the topics it covers are: Simple and complex questioning methods, vision development, values analysis, strengths maps, narrative coaching, changing habits, executive communication, conflicts, stress management, burnout, health behavior, team coaching and coaching for organizational change (including e-coaching tools and artificial

intelligence). The book collates the findings in an integrative, systemic theory of "result-oriented coaching" that is open to change, and addresses future developments in the coaching market, digitalization and artificial intelligent systems in coaching, with a plea for humanistic, science-driven and practice-based coaching. .
