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| Altri autori (Persone) | ReichertUlrich BreitenfeldtTom |
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| Soggetti | Social service Psychotherapy Social work education Humanistic psychology Teaching Theory and Method in Social Work Social Work Education Humanistic Psychology Didactics and Teaching Methodology Treball social Psicoteràpia Treball de grup en educació Psicologia humanística Llibres electrònics |
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| Nota di contenuto | Part 1 Didactic Concept -- Chapter 1 Competence-oriented Approaches -- Chapter 2 Method, Epistemology and Participatory Action Research -- Chapter 3 Reflections on Theories of Learning and Didactics -- Part 2 Theoretical and Methodological Background -- Chapter 4 Gestalt Theory and the Basic Assumptions of Humanistic Psychotherapy -- Chapter 5 Contact Functions and Interruptions -- Chapter 6 Holistic Change Processes -- Chapter 7 Incongruence and Flexibility -- Chapter 8 Philosophical Roots -- Chapter 9 Experiential Confrontation -- |

Chapter 10 Dialogical Attitude -- Chapter 11 Methodological Foundations -- Part 3 Case Role-Plays -- Chapter 12 Depression -- Chapter 13 Depression with Suicidal Thoughts -- Chapter 14 Substance Dependence -- Chapter 15 Substance Dependence in a Mandatory Counselling Context -- Chapter 16 Excursus: Help and Control from a Gestalt-theoretical Perspective -- Chapter 17 Co-Dependency -- Chapter 18 Chronic Psychosis -- Chapter 19 Acute Psychosis -- Chapter 20 Parent Counselling -- Chapter 21 Trauma / Dissociation -- Chapter 22 Methodological Commonalities and Their Importance for Social Work.

Sommario/riassunto

This book deals with key situations in social work and reflects on them from the perspective of the Gestalt approach, which has enormous potential for consulting practice. The Gestalt approach has so far played a minimal or no role in social science courses (social work, psychology) as well as in the practice of social work. This book makes the Gestalt approach accessible to a wider audience so that specialists can expand their methodological repertoire accordingly. The authors see professionalism as a continuous, lifelong process that consists of training, reflection and research in specific practical situations. With this volume, they open up a learning path for readers, conveying a didactic concept so that readers can acquire methodological skills for conducting consultations. Based on the authors' experiences dealing with the topics of depression, addiction, codependency, parenting advice, trauma/dissociation and psychosis, short video recordings, commented transcriptions and summary graphics have been created to explain the basic relationship dynamics and approaches to action. This learning material can be used by students and practitioners in the field of the social work, but it is also would interest anyone who is involved in consulting and coaching in other areas. The focus is on reenacting and reflecting on practical situations based on cases. In role plays, students or professionals put themselves in the shoes of clients and consultants. Through these case reflections, basic conversation dynamics on specific topics can be both experienced as well as understood. Approaches can be tried out in order to expand the methodological repertoire for practice. Gestalt in Social Work: Case Studies in Practice is primarily intended for students, lecturers, professors, teachers and practitioners of social work. Readers in the fields of psychology and psychotherapy (doctors, psychiatrists, psychotherapists), Gestalt therapists and trainers, and consultants in other related fields also would find the book of interest. The translation of the original German version of this book into English was done with the help of artificial intelligence. The authors (with the friendly support of a bilingual psychologist) have subsequently revised the text further in an endeavour to refine the work stylistically.
