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Altri autori (Persone)	CaldeiraChris
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Nota di contenuto	COVER -- TITTLE PAGE -- COPYRIGHT PAGE -- CONTENTS -- ANNOTATED CONTENTS -- PREFACE -- THE NEED FOR READER ADVOCATES -- IDEA 1: KNOW THAT THINGS ARE NOT WHAT THEY SEEM (SOCIOLOGY) -- IDEA 2: CONNECT AND RECONNECT WITH FOOD (ANTHROPOLOGY) -- IDEA 3: LOOK TO SCIENCE FOR ANSWERS (BIOLOGY) -- IDEA 4: WORK TO BECOME RESILIENT (CLINICAL COUNSELING) -- IDEA 5: ENGAGE IN NEW WAYS (COMMUNITY ENGAGEMENT) -- IDEA 6: SLOW DOWN, PAUSE, REFLECT (CREATIVE WRITING) -- IDEA 7: GRASP THE DEEPER MEANING OF SOCIAL DISTANCING (CRITICAL WHITE STUDIES) -- IDEA 8: CHANGE THE STORY, CHANGE WHAT IS POSSIBLE (CULTURAL STUDIES) -- IDEA 9: EMBRACE THE MATH YOU THOUGHT YOU WOULD NEVER NEED (DEVELOPMENTAL MATHEMATICS) -- IDEA 10: READ, WRITE, MAKE MEANING (ENGLISH LITERATURE) -- IDEA 11: DON'T BLAME THE BATS (ENVIRONMENTAL SOCIOLOGY) -- IDEA 12: SEE THE PREDICTABILITY IN THE CHAOS OF PANDEMICS (FILM STUDIES) -- IDEA 13: BEHAVE AS IF YOU ARE CONTAGIOUS (HEALTH ECONOMICS) -- IDEA 14: DISCOVER A BLUEPRINT TO SEE A WAY OUT (HISTORY) -- IDEA 15: KNOW HOW YOUR INFORMATION IS BEING SHARED (INFORMATICS) -- IDEA 16: TURN TO MATHEMATICS TO KNOW HOW WE ARE DOING (MATHEMATICS) -- IDEA 17: SUPPORT THE ARTISTS YOU TURN TO IN TIMES OF CRISIS (MUSIC) --

IDEA 18: UNDERSTAND THAT CRISES CAN BE MANAGED (ORGANIZATIONAL LEADERSHIP) -- IDEA 19: STAND UP FOR THE MARGINALIZED AND VULNERABLE (PHILOSOPHY) -- IDEA 20: JOIN TOGETHER IN AN AGE OF APART (POLITICAL SCIENCE) -- IDEA 21: IMAGINE HOW THE PANDEMIC AFFECTS EVERYONE ACROSS THE LIFESPAN (PSYCHOLOGICAL SCIENCE) -- IDEA 22: KEEP LOOKING FOR THE STUDENTS WHO HAVE NOT CONNECTED (SCHOOL COUNSELING) -- IDEA 23: LEARN HOW TRAUMA IMPACTS US (TRAUMA STUDIES)

**Sommario/riassunto**

This timely book consists of short essays written by experts in 25 academic fields of study, each focusing on a single actionable idea for weathering the social and personal upheavals caused by the COVID-19 Pandemic.