

1. Record Nr.	UNINA9911009149203321
Titolo	Positive Psychology in SLA / / Peter D. MacIntyre, Tammy Gregersen, Sarah Mercer
Pubbl/distr/stampa	Blue Ridge Summit, PA : , : Multilingual Matters, , [2016] ©2016
ISBN	9781783095377 1783095377 9781783095360 1783095369
Edizione	[1st ed.]
Descrizione fisica	1 online resource (xii, 388 pages)
Collana	Second Language Acquisition
Disciplina	418
Soggetti	Second language acquisition - Psychological aspects Positive psychology Psycholinguistics
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Frontmatter -- Contents -- Contributors -- 1 Introduction -- 2 Toward a Psychology of Well- Being for Language Learners: The 'EMPATHICS' Vision -- 3 Seeing the World Through Your Eyes: Empathy in Language Learning and Teaching -- 4 The Dynamics of Past Selves in Language Learning and Well-Being -- 5 Language Learning and Teaching: What's Love Got To Do With It? -- 6 Positive Psychology Exercises Build Social Capital for Language Learners: Preliminary Evidence -- 7 The Triumph Over Experience: Hope and Hardiness in Novice L2 Teachers -- 8 Advanced Language Learners' Experiences of Flow in the Hungarian EFL Classroom -- 9 Foreign Language Enjoyment and Foreign Language Classroom Anxiety: The Right and Left Feet of the Language Learner -- 10 Accentuate the Positive: Conceptual and Empirical Development of the Positive L2 Self and Its Relationship to L2 Proficiency -- 11 Affect in Directed Motivational Currents: Positive Emotionality in Long-Term L2 Engagement -- 12 Project Perseverance: Helping Students Become Self-Regulating Learners -- 13 Happiness in ESL/EFL: Bringing Positive Psychology to the Classroom -- 14 Teaching to Learn and Well-

Become: Many Mini- Renaissances -- 15 Why and How to Use Positive Psychology Activities in the Second Language Classroom -- 16 Music and Language Learning: Emotions and Engaging Memory Pathways -- 17 Conclusion -- Index

Sommario/riassunto

Positive psychology is the scientific study of how human beings prosper and thrive. This is the first book in SLA dedicated to theories in positive psychology and their implications for language teaching, learning and communication. Chapters examine the characteristics of individuals, contexts and relationships that facilitate learning: positive emotional states such as love, enjoyment and flow, and character traits such as empathy, hardiness and perseverance. The contributors present several innovative teaching ideas to bring out these characteristics among learners. The collection thus blends new teaching techniques with cutting-edge theory and empirical research undertaken using qualitative, quantitative and mixed-methods approaches. It will be of interest to SLA researchers, graduate students, trainee and experienced teachers who wish to learn more about language learning psychology, individual differences, learner characteristics and new classroom practices.
