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Nota di bibliografia	Includes bibliographical references and indexes.
Nota di contenuto	Cover; Contents; Preface; Acknowledgments; Chapter 1 - Recurring Issues in the Development of Personality in Adulthood; Chapter 2 - Occupational Changes in Adulthood; Chapter 3 - Cognitive Abilities During Adulthood; Chapter 4 - Sex Roles; Chapter 5 - Sexual Relationships and Marriage; Chapter 6 - Changes in Values and Attitudes; Chapter 7 - Reactions to Death and Dying; Chapter 8 - The Use of Personal Documents in Understanding Adult Personality Development; Chapter 9 - The Idiographic Approach to Personality Development; References; Author Index; Subject Index; About the Author
Sommario/riassunto	Wrightsmen encourages readers to look at the evolving nature of their own lives, and includes case studies throughout to illustrate concepts in a thought-provoking, non-technical manner.

