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Collana	Prevention practice kit
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Sommario/riassunto	This title provides an introduction to evidence-based prevention in psychology. Counselors, psychologists and mental health workers in schools, government agencies, community settings, and in private practice are increasingly expected to select evidence-based practices and programmes, and to document the effectiveness of the care they provide. The book addresses the types of questions that may be most pertinent to those who are engaged in prevention and interested in understanding evidence-based programmes.