

1. Record Nr.	UNINA9911008421703321
Autore	Adair Bill <1963->
Titolo	The emotionally connected classroom : wellness and the learning experience / / Bill Adair
Pubbl/distr/stampa	Thousand Oaks : , : Corwin A SAGE Company, , 2019
ISBN	9781544356402 1544356404 9781544356396 1544356390 9781544356372 1544356374 9781544356389 1544356382
Descrizione fisica	1 online resource (200 pages) : illustrations
Disciplina	370.15/34
Soggetti	Affective education Learning, Psychology of Classroom environment Teacher-student relationships
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references (pages 191-294) and index.
Sommario/riassunto	Engineer healthy interactions and repair dysregulation - Suicide rates, ADHD diagnoses, gaming addiction, and adolescent depression are increasing exponentially. It's difficult to ignore the number of children burdened by stress, anxiety, and unhealthy beliefs. Students struggle to cope in ways that reinforce labels defining them as difficult to teach. However, the brain is malleable and new experiences can rewrite the story! The Emotionally Connected Classroom helps educators create environments that promote healthy attachments and repair neural dysregulations that impair learning capacity. Readers will find: 1. User-friendly explanations of neuroscience and human behavior; 2. Strategies and assessment tools to help teachers shift from content-

focused learning and assessment to learning that prioritizes wellness; 3. Lesson templates to help train the brain; 4. Strategies to address dysfunctional behavior; and 5. Engaging stories and authentic case studies that bring theory to life. Written with the belief that educators play a critical role in students' lives, this book offers a new paradigm of connectedness that allows teachers to develop social-emotional learning practices that benefit all of their students.

---