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Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Contents; Foreword; Preface; Introduction; Part One: How Are You Showing Up as a Leader?; 1 Where Have You Been?: Document Your Leadership Journey; 2 Build a Spider Web: Evaluate Your Working Relationships; 3 Spin Around in a Circle: Make 360° Feedback Work for You; 4 Your Own Private Detective: Ask a Peer to Track Your Development; 5 When the Student Is Ready: Find a Mentor; 6 Just Like the CEO: Create a Personal Board of Directors; 7 Get in the Weight Room: Identify and Leverage Your Strengths; 8 Go Back in Time: Ask Past Colleagues about Your Leadership 9 Is There Another Way?: Confront Your Hardest-Held Positions 10 How Am I Driving?: Develop a Vision, Mission, and Strategy; Part Two: Add Something New to Your Game; 11 Break Out the Dictionary: Craft Your Own Definition of Leadership; 12 Put It in Writing: Prepare a Leadership Development Plan; 13 One Year at a Time: Develop One Leadership Skill a Year; 14 What Is It That Only You Can Do?: Learn to Delegate; 15 The

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## Sommario/riassunto

Arneson was named one of America's top leadership consultants by Leadership Excellence magazine in 2008. Enables leaders at all levels to design a complete self-directed leadership development program. Concise, accessible, practical and flexible Leadership training can be inconsistent in the best of times. In tough economic times it's often one of the first things that even the most progressive companies cut back on. And you can't necessarily depend on finding that mentor you've been looking for either. Now more than ever, if you're going to advance your career you need to lift yourself up by your

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