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Nota di contenuto	Introduction_Between vulnerabilities and opportunities: Regenerative Design in the Latin-Mediterranean context -- PART I : REGENERATIVE NARRATIVES: Leapfrogging the future -- Between Stories: Shifting Regenerative Approaches from Fringe to Mainstream -- More-than-human connections: Regenerating through multispecies design -- A Conscious Process -- Regenerative narratives: buildings that educate and raise awareness through design itself -- State of the art of Biophilic Design Research in the Latin-Mediterranean Region -- PART II : SOCIO-ENVIRONMENTAL FUTURE CHALLENGES: Fostering Regenerative Processes Through Advanced Design and Responsible Innovation: The Emergence of Collaborative and Ethical Practices in Complex Sectors. The Case of the Packaging System -- Biophilia as paradigm changer -- The Art of Possibility -- PART III : REGENERATIVE TECHNIQUES AND METHODOLOGIES: The emergence of practice -- Earth and memory. Adobe housing community rehabilitation, coast of chiapas -- Building energy legislation and incentives, a Latin American vision towards regenerative design -- Tools to reconnect with Nature -- Eco ethnography in design processes -- PART IV : REGENERATIVE ENVIRONMENTAL SYSTEMS: El ecotono urbano como habilitador de encuentros con la naturaleza -- The triple tetrahedron sociobiotics communities: thought, planning and macrosystemic projection --

Sustainable Development of Rural Communities in Mexico --  
Regenerative water management: Envisioning RWA urban models in  
Querétaro (Mexico) -- PART V : REGENERATIVE SOCIAL SYSTEMS:  
Barrio's regeneration and reoccupation process, a landscape approach  
from a border city -- Ecovillages and transition towns - What can we  
learn from them for a regenerative future? -- Ecofeminine: beyond the  
ecofeminists -- Understanding the past to build a new future:  
Ecofeminisms as a possible path -- Regenerative Rural Housing --  
PART VI : REGENERATIVE URBAN SYSTEMS: The challenge of the  
renaturalisation of historic city from citizen action. The case of  
theAxerquía Verde in Córdoba (Spain) -- Urban-bioclimatic aptitude as  
Nature-based solution -- Bioclimatic design - urban regeneration --  
Gastrosofia: Fed Cities -- Curridabat Ciudad Dulce -- PART VII :  
REGENERATIVE LEARNING SYSTEMS -- 10 Years Exploring Regeneration:  
Universidad del Medio Ambiente -- The birth of an Evolutionary  
Learning Ecosystem -- A critical view on the strengths and challenges  
of outdoor nurseries and nature-based education in Spain --  
Conclusions: Hope. Better and possible futures through Regenerative  
Processes design.

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### Sommario/riassunto

This book aims to provide bases for reasoning on what opportunities the regenerative approaches to urban-architectural design and development can bring to our territories and living systems (environment, society, city and learning). It collects research, experiences and considerations from experts that present innovations from different contexts, especially from the Latin-Mediterranean context. The goal of this book is to provide the reader with case studies, analysis and guidelines, resulting from scientific research from academia and practice. The book collects research focused on topics that are nowadays crucial to understand how to intervene in the complicated contexts of socio-environmental emergencies. These studies are organized into seven sections, discussing from the importance of new narrative facing future environmental challenges, to the appropriate methodologies and approaches for regenerative culture with systemic view. The book closes with outputs, dreams and hopes of regenerative design: challenges and opportunities to rewrite our alliance with the environment and to move forward our relation with the socio-environmental capital.

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