

1. Record Nr.	UNINA9911002557903321
Titolo	International Handbook of Emotions : Resourceful Cultural Perspectives, Vol. 2 // edited by Claude-Hélène Mayer, Elisabeth Vanderheiden
Pubbl/distr/stampa	Cham : , : Springer Nature Switzerland : , : Imprint : Springer, , 2025
ISBN	3-031-86445-X
Edizione	[1st ed. 2025.]
Descrizione fisica	1 online resource (XIII, 316 p. 16 illus., 13 illus. in color.)
Disciplina	150.1988
Soggetti	Positive psychology Emotions Psychology, Industrial Well-being Positive Psychology Emotion Theory Occupational Health Psychology Well-Being Psicologia positiva Emocions Psicologia del treball Benestar Llibres electrònics
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di contenuto	Introduction -- The Intersection of AI and Emotions: Deep Learning Applications for Well-being and a Better Society -- Feeling machines: Challenges and ethical perspectives in developing robots with emotions -- Robotic Positive Psychology Interventions and Emotional Well-being -- Zuversicht and Antifragility : A New Emotion Theoretical Perspective on a German Concept -- Sehnsucht is a Signpost - A German Case Study -- Saudade: Empirical Analysis of a Portuguese Concept -- Impacts of the COVID-19 Pandemic on Emotions and Other Aspects of Well-Being: Variations Within and Across Diverse Cultures -- Test Anxiety from a Cross-cultural Perspective -- The Interplay of Self-

Efficacy and Test Anxiety in Academic Performance From an Individualistic Cultural Perspective -- Positive and Negative Affect Across Cultures - The Case of Latin Americans -- Post-traumatic Growth and Emotional Resilience in Immigrants and Refugees from Africa and the Middle East -- Boredom in Interactive Learning Settings -- Low-socioeconomic status Students Experience Positive Emotions Through Academic Intervention Programs in Japan: A Systematic Review -- The Socio-Cultural Context of Well-Being: The Case of Poland -- Emotions in Intercultural Conflicts in a Study Abroad Programme: Experiences at Semester at Sea -- Mental Health and Emotions in a South African Context: A Positive Psychology Perspective -- Sofa-gate: Impact of Cross-cultural Biases and Emotions in EU External Relations -- Political Emotions - On Populism, Pandemic, War and the Opportunity of Vulnerability -- Changing Cultures of Collective Narcissism -- Catharsis.

Sommario/riassunto

Volume 2 of this two-volume handbook extends the foundational understanding of emotional well-being through the lens of positive psychology into the realms of cultural diversity, societal impacts, and the influence of technology. This volume offers an in-depth examination of the societal impact of emotions, cultural interpretations, and the emerging significance of digital and robotic interactions with emotions. It encompasses a wide range of topics, including the effects of global crises on emotional well-being, the role of art and literature in understanding emotions, and the future of emotional intelligence in the age of digital technology. Studies featured in this Volume 2 provide insight into emotional experiences across diverse cultures, the resilience of immigrants and refugees, and the psychological dynamics of collective behaviour, alongside considerations of how technology is reshaping our emotional lives. The volume stands as a critical academic resource, enriching the discourse on the global and transcultural dimensions of emotional well-being. It highlights the pivotal role of cultural and technological considerations in advancing our understanding of emotions and sets a new benchmark for research and practice in the field. Aimed at scholars, researchers, and practitioners in psychology, cultural studies, and technological innovation, this volume also addresses educators, policymakers, and anyone with a keen interest in understanding the complex interplay between emotion, culture, and technology. By bridging gaps between disciplines, this volume fosters a more comprehensive and nuanced understanding of emotional well-being across different cultural contexts and technological environments. It prompts interdisciplinary dialogue, offering evidence-based insights for mental health practices, educational strategies, and policymaking. Emotion science has progressed enormously in the last decade. For those wishing to get insight into the depth and breadth of this progress, this is a terrific, edited 2 volume overview, brought together by two internationally recognised emotion researchers. It takes a biopsychosocial approach exploring the multiple dimensions of emotion science and how it can be applied to many different aspects of human life from therapy through to the organisation of communities. It will be a must have book for anyone interested in understanding the complexities of emotions. Prof Paul Gilbert. PhD, FBPsS, OBE Centre for Compassion Research and Training, College of Health, Psychology and Social Care, University of Derby, United Kingdom.
