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Autore	Paolinelli Gabriele
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Sommario/riassunto	People everyday live and use open spaces, so these actually are indispensable. The scientific literature is full of evidence about the role open spaces play for human psycho-physical well-being and health. This book deals with the regeneration of hospital open spaces through the case of the Careggi University Hospital in Florence. The studies carried out refer to a necessary change in the accessibility and mobility model investigating the qualities that open spaces can express for the conversion of the polyclinic into an university hospital campus. Several scientific argumentations and daily experiences indicate the One Health paradigm as the horizon towards which to turn. To do this it is also necessary to protect and regenerate open spaces.