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Sommario/riassunto	This book discusses all the lifting procedures within the field of plastic surgery. It provides a simplified and easily understandable differentiation of traditional surgical rhytidectomy, as well as less invasive options such as mini-lifting and the globally popular thread lifting. The book compares the advantages and disadvantages of these methods, highlighting the limitations and outcomes of each surgical technique through photographic comparisons, enabling readers to determine the most suitable procedure for their patients. The book will also covers essential anatomy related to lifting, the aging process of patients, and the materials used in thread lifting. The aim is for this book to become a valuable resource for practitioners performing lifting procedures.