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| 1. Record Nr. | UNINA9910999670103321 |
| Titolo | Cognitive Processing Therapy for Complex Cases : Evidence-based Strategies / / edited by Jennifer S. Wachen, Tara E. Galovski |
| Pubbl/distr/stampa | Cham : , : Springer Nature Switzerland : , : Imprint : Springer, , 2025 |
| ISBN | 3-031-87356-4 |
| Edizione | [1st ed. 2025.] |
| Descrizione fisica | 1 online resource (XIX, 403 p. 2 illus., 1 illus. in color.) |
| Collana | CBT: Science Into Practice, , 2946-5427 |
| Disciplina | 150 |
| Soggetti | Psychology Clinical psychology Behavioral Sciences and Psychology Clinical Psychology Psicologia clínica Teràpia cognitiva Llibres electrònics |
| Lingua di pubblicazione | Inglese |
| Formato | Materiale a stampa |
| Livello bibliografico | Monografia |
| Nota di contenuto | Part I Introduction -- The Development and Evolution of Cognitive Processing Therapy -- Part II Addressing Comorbidities with Cognitive Processing Therapy -- Delivering CPT in the Context of Depression -- Delivering CPT in the Context of Emotional Dysregulation -- Delivering CPT in the Context of Serious Mental Illness -- Delivering CPT in the Context of Substance Use Disorders -- Delivering CPT in the Context of Traumatic Brain Injury and Physical Health Conditions -- Delivering CPT in the Context of Sleep Disturbance -- Part III Cognitive Processing Therapy with Specific Populations -- Treating Survivors of Sexual Assault with CPT -- Treating Military Personnel and Veterans with CPT -- Treating Individuals with Marginalized Identities Using Cognitive Processing Therapy -- Delivering Cognitive Processing Therapy in the Context of Suicide Risk, Violence Risk, and Intense Psychosocial Stressors -- Cultural Adaptation of Cognitive Processing Therapy: Fidelity Consistent Treatment Adaptations for the Global Majority -- Part IV Alternative Formats of CPT Delivery -- Group Cognitive Processing Therapy -- Implementing CPT in an Intensive Delivery |

Format -- Incorporating Case Formulation (CF-CPT) in CPT Delivery --
Delivering CPT Using Telehealth -- Part V Dissemination of CPT --
Dissemination Efforts in Large Healthcare Settings -- CPT
Dissemination in Community Settings -- Part VI Future Directions in
CPT -- Looking Ahead: Future Directions in CPT.

Sommario/riassunto

Focusing on a front line treatment for posttraumatic stress disorder (PTSD) and related problems, this book bridges science and practice to provide clinicians with an important tool for use across populations and settings. It is a detailed, yet digestible, review of the literature supporting the use of Cognitive Processing Therapy (CPT) followed by relevant clinical implications for evidence-based practice. Clear connections are made between case conceptualization and actual treatment. Chapters include case examples with client-therapist dialogue to provide practical guidance for clinicians delivering CPT with each patient population. Additionally, guidance for implementing CPT in alternative treatment formats (e.g., group treatment, intensive delivery modalities, and telehealth) and advice for navigating systemic barriers and disseminating CPT across different healthcare settings are included. Each chapter, written by a leading expert in each topic area, ensures that this book provides a comprehensive guide to enhance clinicians' knowledge and skill in CPT treatment delivery across a wide range of complex patient populations, presentations, and treatment settings. At last, a comprehensive text on the use of CPT across patient populations and clinical settings. This is an important text: there is much in it to assist clinicians in the delivery of one of the most successful treatments developed for people with trauma histories and PTSD. — Terry Keane, Ph.D. This book is a vital companion to the CPT Comprehensive Manual for clinicians committed to honing their practice of CPT. With its practical insights, real-world case examples, and research-backed guidance, it stands as an indispensable tool for improving PTSD care and broadening the impact of evidence-based trauma-focused treatment for the many who need it. — Candice Monson, PhD. This volume is an excellent follow-up companion to the CPT treatment manual. Written by leading experts, the book covers in a deeper dive delivering CPT with comorbidities, specific populations, and alternative formats. The book is enriched with each chapter building a bridge between research and clinical implementation enhanced by case examples. — Patricia A. Resick, Ph.D., ABPP.
