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Nota di contenuto	Cover -- Title Page -- Copyright -- About The Author -- Contents -- List of Figures -- List of Abbreviations -- Preface -- Chapter 1: Nature And Scope Of Psychology -- Unit Introduction -- 1.1. Terminology And Definitions In Psychology -- 1.2. Psychology's Connection To Other Areas Of Science And Fields -- 1.3. Categories Of Psychology -- 1.4. Psychology In India: Traditional And Modern -- 1.5. Key Issues In Psychology -- 1.6. Free Will Versus Determinism -- 1.7. Nature -- 1.8. Developmental And Interactive Expressions Of Behavior -- 1.9. Relation Of The Subject Psychology With Natural Sciences -- 1.10. Relation Of The Subject Psychology With Education -- 1.11. Lecture Method -- 1.12. Seminar -- 1.13. What Is A Psychology Lab? -- 1.14. What Kind Of Psychology Laboratories Are There? -- 1.15. What Equipment Is Used In Psychology Labs? -- 1.16. What Is The Importance Of Psychology Laboratory Research? -- Summary -- Review Questions -- Multiple Choice Questions -- References
Sommario/riassunto	This book serves as an introduction to general psychology, exploring its fundamental concepts, historical perspectives, and connection to other sciences. It covers the psychological basis of behavior, memory, intelligence, and sensory perception, while also delving into the physiological aspects of behavior and the nervous system. The book discusses instincts, emotions, and the amygdala's structure, along with

critical reasoning, creative thinking, and educational psychology. It is designed for researchers and scholars, providing insights into memory, intelligence, and personality assessment. The author, Aparna Raghavan, a counseling psychologist, draws from her extensive experience to offer a comprehensive guide to psychology, aiming to educate and empower readers in the field.

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