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Titolo	Mastering Decision-Making in Business and Personal Life : An Interdisciplinary Perspective on Making Better Choices / / by Hassan Qudrat-Ullah
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Nota di contenuto	Chapter 1: The Power of Decisions -- Part I: Understanding Poor Decision-Making -- Chapter 2: The Psychology Behind Bad Decisions -- Chapter 3: Common Pitfalls in Personal Decision-Making -- Chapter 4: Business Blunders -- Part II: Strategies for Better Decision-Making -- Chapter 5: Building Self-Awareness -- Chapter 6: Structured Decision-Making Processes -- Chapter 7: Information and Research -- Chapter 8: Risk Management and Contingency Planning -- Part III: Practical Tools and Techniques -- Chapter 9: Decision-Making Tools for Everyday Use -- Chapter 10: Group Decision-Making and Team Collaboration -- Chapter 11: Learning from Mistakes -- Chapter 12: Developing a Decision Making Mindset.
Sommario/riassunto	This book offers a comprehensive and interdisciplinary approach to decision-making, synthesizing perspectives from psychology, business strategy, and system dynamics. Integrating real-world examples with structured decision-making frameworks, it makes complex concepts accessible and practical. The text uniquely bridges personal and professional decision-making, demonstrating their interconnectedness and the universal applicability of sound decision-making principles. Positioned within the literature on cognitive psychology, behavioral economics, and business management, it engages with ongoing

debates on the role of cognitive biases, emotional influences, and the importance of structured decision-making processes in achieving sustainable outcomes. Hassan Qudrat-Ullah is a professor of decision sciences with the School of Administrative Studies at York University, Toronto, Canada. Hassan has over 20 years of teaching, research, industry, and consulting experience in the USA, Canada, Singapore, Norway, UK, Korea, China, Saudi Arabia, Latvia, Switzerland, Spain, and Pakistan. He is a well-known scholar in decision sciences, energy policy modeling, and system dynamics areas. He has authored and edited over 150 refereed publications including 23 books (including edited volumes), 43 journal articles, and numerous conference proceedings and presentations. In 2017, he won York University's Faculty of Liberal Arts and Professional Studies' Excellence in Research Award.
