

1. Record Nr.	UNINA9910975431003321
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Titolo	60 on up : the truth about aging in America / / Lillian B. Rubin
Pubbl/distr/stampa	Boston, : Beacon Press, c2007
ISBN	0-8070-2930-0
Descrizione fisica	1 online resource (193 p.)
Disciplina	305.26
Soggetti	Older people - United States - Psychology Older people - United States - Conduct of life Older people - United States - Attitudes Aging - United States
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references.
Nota di contenuto	Contents -- Chapter One: Through the Looking Glass -- Chapter Two: Out of the Closet -- Chapter Three: Staying Younger While Getting Older -- Chapter Four: Does Age Count Anymore? -- Chapter Five: The Marriage of Self and Society -- Chapter Six: The Golden Years? They've Gotta Be Kidding! -- Chapter Seven: ... and Now About Sex -- Chapter Eight: The Shrinking Ties That Bind -- Chapter Nine: Hey Folks, You're Spending My Inheritance -- Chapter Ten: Taking Care of Mom and Dad -- Chapter Eleven: Oh My God, We're Old! -- Chapter Twelve: It's Better Than the Alternative, Isn't It? Chapter Thirteen : One Last Word -- Acknowledgments -- Notes.
Sommario/riassunto	Getting old sucks, says best-selling author Dr. Lillian Rubin. With refreshing candor, she digs down under the statistics about our graying population and offers a provocative and unflinching examination of all the burning issues that mark aging today. Tackling the subject over a broad swath of the population, cutting across race, class, gender, and physical and cognitive ability, Rubin delivers a powerful and long-overdue reminder that everyone will be touched by the problems arising from our new longevity.