

1. Record Nr.	UNINA9910975229303321
Autore	Zeidner Moshe
Titolo	What we know about emotional intelligence : how it affects learning, work, relationships, and our mental health / / Moshe Zeidner, Gerald Matthews, and Richard D. Roberts
Pubbl/distr/stampa	Cambridge, Mass., : MIT Press, c2009
ISBN	9786612240362 9780262291613 0262291614 9781282240360 1282240366 9780262255011 0262255014
Edizione	[1st ed.]
Descrizione fisica	1 online resource (462 p.)
Altri autori (Persone)	MatthewsGerald RobertsRichard D
Disciplina	152.4
Soggetti	Emotional intelligence Success - Psychological aspects
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	"A Bradford book."
Nota di bibliografia	Includes bibliographical references (p. [389]-424) and index.
Nota di contenuto	Introducing : emotional intelligence -- Emotional intelligence : mapping out the terrain -- Emotional intelligence : a new construct? -- Measure for emotional intelligence measures -- The intelligence in emotional intelligence -- The personality in emotional intelligence -- Emotional intelligence observed -- Developing emotional intelligence : from birth to earth -- How social is emotional intelligence? -- Grace under pressure : emotional intelligence, stress, and coping -- Emotional intelligence in action -- Schooling emotional intelligence -- Work and emotional intelligence -- Emotional intelligence and the toxic work environment -- Emotional intelligence in the clinic -- Emotional intelligence : revisited -- Emotional intelligence : known, unknown, and future directions.
Sommario/riassunto	Sorting out the scientific facts from the unsupported hype about

emotional intelligence.

---