

1. Record Nr.	UNINA9910975186503321
Autore	Hagen Roger <1968->
Titolo	CBT for Psychosis : A Symptom-based Approach
Pubbl/distr/stampa	Hoboken, : Taylor and Francis, 2013
ISBN	0-203-83267-1 1-299-28555-4 1-136-83798-1
Edizione	[1st ed.]
Descrizione fisica	1 online resource (290 p.)
Collana	The International Society for Psychological and Social Approaches to Psychosis Book Series
Altri autori (Persone)	TurkingtonDouglas BergeTorkil GraweRolf W
Disciplina	616.89142
Soggetti	Psychoses - Treatment Cognitive therapy Psychotic Disorders - therapy Bipolar Disorder - therapy Cognitive Behavioral Therapy Hallucinations - therapy
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di contenuto	Cover; Title Page; Copyright Page; Contents; Figures and tables; Contributors; Acknowledgements; Preface; Part I Cognitive models of psychosis and their assessment; 1 Introduction: CBT for psychosis: A symptom-based approach; 2 Cognitive models of auditory hallucinations; 3 Cognitive models for delusions; 4 Assessment for symptoms of psychosis; Part II The practice of CBT for persons with psychotic symptoms; 5 The therapeutic alliance in cognitive behavioral therapy for psychosis; 6 Using normalising in cognitive behaviourl therapy for schizophrenia 7 Cognitive behaviour therapy and early intervention8 Command hallucinations; 9 Cognitive characterization and therapy of negative symptoms and formal thought disorder; 10 Staying well After Psychosis; 11 Implementing cognitive behaviour therapy for psychosis; Part III CBT and co-occurring problems; 12 The treatment of substance

misuse in people with serious mental disorders; 13 treating trauma in people with first-episode psychosis using cognitive behavioural therapy; 14 Integrating the family in the treatment of psychotic disorders  
15 Psychological interventions to improve work outcomes for people with psychiatric disabilitiesPart IV CBT and bipolar disorders; 16 The psychology of bipolar disorders; 17 Cognitive theory and therapy of bipolar disorders; Name index; Subject index

---

Sommario/riassunto

This book offers a new approach to understanding and treating psychotic symptoms using Cognitive Behavioural Therapy (CBT). CBT for Psychosis shows how this approach clears the way for a shift away from a biological understanding and towards a psychological understanding of psychosis. Stressing the important connection between mental illness and mental health, further topics of discussion include:the assessment and formulation of psychotic symptomshow to treat psychotic symptoms using CBTCBT for specific and co-morbid conditions CBT of

---