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Altri autori (Persone)	LambertMichael J
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Nota di bibliografia	Includes bibliographical references and indexes.
Nota di contenuto	pt. I. Historical, methodological, and conceptual foundations -- pt. II. Evaluating the ingredients of therapeutic efficacy -- pt. III. Major approaches -- pt. IV. Research on applications in special groups and settings.
Sommario/riassunto	Praise for Bergin and Garfield's Handbook of Psychotherapy and Behavior Change, Sixth Edition "Not only is this a unique resource, it is the only book that all practitioners and researchers must read to ensure that they are in touch with the extraordinary advances that the field has made over the last years. Many of us have all five previous editions; the current volume is an essential addition to this growing, wonderful series."-Peter Fonagy, PhD, FBA, Freud Memorial Professor of Psychoanalysis and Head of the Research Department of Clinical, Educational and Health Psych