

1. Record Nr.	UNINA9910974884903321
Autore	Knowdell Richard L
Titolo	Personal counseling // Richard L. Knowdell and Elwood N. Chapman
Pubbl/distr/stampa	Menlo Park, Calif., : Crisp Publications, c1993
ISBN	1417524278 1-4175-2427-8
Edizione	[3rd ed.]
Descrizione fisica	1 online resource (102 p.)
Collana	Fifty minute series book
Altri autori (Persone)	ChapmanElwood N
Disciplina	158/.3/076
Soggetti	Counseling Counselors
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Rev. ed. of: Personal counseling / Elwood N. Chapman and Richard L. Knowdell. 1st ed. 1986.
Nota di contenuto	TITLE -- COPYRIGHT -- PREFACE -- ABOUT THIS BOOK -- CONTENTS -- PART I You Have The Right Stuff -- MAKE YOUR CHOICE NOW -- WHERE COUNSELING SKILLS CAN BE PUT TO USE -- THE RANGE OF COUNSELING SITUATIONS -- WHO WILL MAKE THE BEST COUNSELOR? -- WHAT CAN BECOMING A GOOD COUNSELOR OR ADVISOR DO FOR YOU? -- RATING YOUR COUNSELING SKILLS -- PERSONAL TRAITS OF SUCCESSFUL COUNSELORS -- WHAT CONSTITUTES AN EXCELLENT COUNSELOR? -- WHY PEOPLE DELAY -- THE PSYCHOLOGY OF COUNSELING -- PART II Setting The Stage -- GETTING IT RIGHT! -- THE RIGHT PURPOSE -- THE PURPOSE IS RIGHT -- THE PURPOSE IS WRONG -- GOOD PURPOSE -- WRONG PURPOSE -- THE RIGHT TIME -- THE RIGHT PLACE -- THE RIGHT APPROACH -- THE RIGHT TECHNIQUES -- POSITIVE FEEDBACK -- AVOIDING THE TEMPTATION -- WHICH APPROACH IS BEST? -- PART III Seeking Solutions The Counseling Process -- COUNSELING CAN BE COMPARED TO PLAYING BASEBALL -- EXPLAINING WHAT LIES AHEAD (Rules of the Game) -- FIRST BASE: THE SKILL OF LISTENING -- TO REACH SECOND BASE IT IS NECESSARY TO DISCOVER THE PROBLEM -- SECOND BASE: IDENTIFY THE PROBLEM -- WILL GRAY GET TO SECOND BASE WITH HIS SON? -- MAKE THE MOVE TO THIRD BASE -- THIRD BASE: CLARIFY THE ALTERNATIVES -- LETTING THE CLIENT MAKE THE CHOICE -- HOME BASE: CLOSING THE SESSION -- COUNSELING STRATEGY -- GO AROUND THE BASES ONCE

MORE-IN REVIEW -- HYPOTHETICAL COUNSELING SCENARIO #1 --
HYPOTHETICAL COUNSELING SCENARIO #2 -- PART IV Counseling With
Enthusiasm And Style -- SIX UNFORGIVABLE MISTAKES -- COUNSELING
STYLE QUIZ -- DISCOVERING WEAKNESSES -- MRT AS A SOLUTION TO
HUMAN CONFLICTS -- COUNSELING PEOPLE FROM OTHER CULTURES --
INSTILLING CONFIDENCE -- RATE YOUR COUNSELING SKILLS -- MAKE
THIS YOUR PERSONAL SUCCESS FORMULA -- COUNSELING SUCCESS
FORMULA -- DEMONSTRATE YOUR PROGRESS -- AUTHORS' SUGGESTED
ANSWERS TO CASES -- APPLICATION OF COUNSELING SKILLS.

Sommario/riassunto

Presents exercises and case studies that teaches the basic counseling
techniques and principles used by professionals.
