

1. Record Nr.	UNINA9910974739703321
Autore	Sarbacker Stuart Ray <1969->
Titolo	Samadhi : The Numinous and Cessative in Indo-Tibetan Yoga / / Stuart Ray Sarbacker
Pubbl/distr/stampa	Albany, : State University of New York Press, c2005
ISBN	9780791482810 0791482812 9781423747819 142374781X
Descrizione fisica	1 online resource (202 p.)
Collana	SUNY series in religious studies
Disciplina	294.5/436
Soggetti	Yoga Meditation - Buddhism Meditation - Hinduism Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Bibliographic Level Mode of Issuance: Monograph
Nota di bibliografia	Includes bibliographical references (p. 163-177) and index.
Nota di contenuto	Front Matter -- Contents -- Acknowledgments -- Introduction -- Sources and Definitions -- Reinterpreting Religious Experience -- Yoga, Shamanism, and Buddhism -- The Debate over Dialogue -- Traditions in Transition -- Conclusion -- Notes -- Bibliography -- Index
Sommario/riassunto	A historical and comparative study grounded in close readings of important works, this book explores the dynamics of the theory and practice of yoga in Hindu and Buddhist contexts. Author Stuart Ray Sarbacker explores the fascinating, contrasting perceptions that meditation leads to the attainment of divine, or numinous, power, and to complete escape from worldly existence, or cessation. Sarbacker demonstrates that these two dimensions of spiritual experience have affected the doctrine and cultural significance of yoga from its origins to its contemporary practice. He also integrates sociological and psychological perspectives on religious experience into a larger phenomenological model to address the multifaceted nature of religious experience. Speaking to a broad range of methodological and

contextual issues, Samadhi provides numerous insights into the theory and practice of yoga that are relevant to both scholars of religious studies and practitioners of contemporary yoga and meditation traditions.

---