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Edizione	[1st ed.]
Descrizione fisica	1 online resource (139 p.)
Collana	Treatments that work
Altri autori (Persone)	LachanceStella
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Soggetti	Compulsive gambling - Treatment
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references (p. [125]-126).
Nota di contenuto	Introductory information for therapists -- Pretreatment assessment -- Motivational enhancement -- Behavioral interventions -- Cognitive interventions -- Relapse prevention -- Posttreatment assessment -- Follow-up assessment -- Difficulties related to the treatment.
Sommario/riassunto	This Therapist Guide provides clinicians with session-by-session instructions for implementing an effective, CBT-based treatment for pathological gambling. The treatment outlined helps clients to not only overcome their problem, but also to deal with the many consequences of their excessive gambling including financial problems and interpersonal conflicts.