Record Nr. UNINA9910974479503321 Autore Gubi Peter Madsen <1963-> Titolo Prayer in counselling and psychotherapy: exploring a hidden meaningful dimension / / Peter Madsen Gubi ; foreword by Brian **Thorne** Pubbl/distr/stampa London; ; Philadelphia, : Jessica Kingsley Publishers, 2008 **ISBN** 9786611781804 9781281781802 1281781800 9781846427510 1846427517 Edizione [1st ed.] Descrizione fisica 1 online resource (225 p.) Collana **Practical Theology** Disciplina 616.8914 Soggetti Psychotherapy - Religious aspects Counseling - Religious aspects Prayer Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Description based upon print version of record. Includes bibliographical references (p. 204-216) and indexes. Nota di bibliografia FRONT COVER; Prayer in Counselling and Psychotherapy; Exploring a Nota di contenuto Hidden Meaningful Dimension; Contents; Foreword; Introduction; 1. Setting the Context; 2. Is Prayer Beneficial?; 3. Reflecting on Potential Problems: 4. The Ethical Use of Prayer: 5. How Prayer Influences Practice; 6. How Prayer Is Integrated in Counselling; 7. Meeting the Challenge; References; Subject Index; Author Index; Sommario/riassunto Within mainstream counselling and psychotherapy there is growing interest in the spiritual dimension of counselling. Prayer is at the centre of most spirituality and prayer is important to many people's psychological well-being. Peter Madsen Gubi argues that philosophically, all counselling can be regarded as prayer, particularly when working at relational depth: that prayer plays an important part in maintaining many mainstream counsellors' well-being and, with caution and considered ethical awareness, prayer can be integrated ethically into counselling when working with people of faith. The