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Lingua di pubblicazione	Inglese
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Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	The anatomy of a movement -- Experience : spirituality, sisterhood, and the unspeakable -- Performance : negotiating multiple black womanhoods -- New bodies of knowledge -- Re-articulating feminist identity politics.
Sommario/riassunto	In her evocative ethnographic study, Body Language, Kimberly Lau traces the multiple ways in which the success of an innovative fitness program illuminates what identity means to its Black female clientele and how their group interaction provides a new perspective on feminist theories of identity politics-especially regarding the significance of identity to political activism and social change.Sisters in Shape, Inc., Fitness Consultants (SIS), a Philadelphia company, promotes balance in physical, mental, and spiritual health. Its program goes beyond workouts, as it edu

