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Sommario/riassunto

New Directions in Counselling responds to major changes currently affecting counselling. A team of well-known contributors identify the pressures forcing change, taking into account national and European legislation and the drive from within counselling towards greater professionalism and accountability. Part one considers the impact of accreditation, National Vocational Qualifications (NVQs), developing Codes of Ethics and evaluating effectiveness. Part two looks at new interventions for common problems, such as smoking, depression, stress and abuse; new settings for counselling,