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Nota di contenuto	Frontmatter -- Contents -- Introduction / Eden, Trudy -- Historical Background to Food and Christianity / Albala, Ken -- 1. The Urban Influence. Shopping and Consumption at the Florentine Monastery of Santa Trinità in the Mid-Fourteenth Century / Musumeci, Salvatore D. S. -- 2. The Ideology of Fasting in the Reformation Era -- 3. "The Food Police": Sumptuary Prohibitions on Food in the Reformation / Moyer, Johanna B. -- 4. Dirty Things: Bread, Maize, Women, and Christian Identity in Sixteenth-Century America / Martel, Heather -- 5. Enlightened Fasting: Religious Conviction, Scientific Inquiry, and Medical Knowledge in Early Modern France / Watts, Sydney -- 6. The Sanctity of Bread: Missionaries and the Promotion of Wheat Growing Among the New Zealand Maori / Petrie, Hazel -- 7. Commensality and Love Feast: The Agape Meal in the Late Nineteenth- and Early

Twentieth-Century Brethren in Christ Church / Lee, Heidi Oberholtzer
-- 8. Metaphysics and Meatless Meals: Why Food Mattered When the
Mind Was Everything / Eden, Trudy -- 9. Fasting and Food Habits in the
Eastern Orthodox Church / Matalas, Antonia-Leda / Tourlouki, Eleni /
Lazarou, Chrystalleni -- 10. Divine Dieting: A Cultural Analysis of
Christian Weight Loss Programs / Kwan, Samantha / Sheikh, Christine
-- 11. Eating in Silence in an English Benedictine Monastery / Irvine,
Richard D. G. -- Bibliography -- Index

Sommario/riassunto

Without a uniform dietary code, Christians around the world used food in strikingly different ways, developing widely divergent practices that spread, nurtured, and strengthened their religious beliefs and communities. Featuring never-before published essays, this anthology follows the intersection of food and faith from the fourteenth to the twenty-first century, charting the complex relationship among religious eating habits and politics, culture, and social structure. Theoretically rich and full of engaging portraits, essays consider the rise of food buying and consumerism in the fourteenth century, the Reformation ideology of fasting and its resulting sanctions against sumptuous eating, the gender and racial politics of sacramental food production in colonial America, and the struggle to define "enlightened" Lenten dietary restrictions in early modern France. Essays on the nineteenth century explore the religious implications of wheat growing and breadmaking among New Zealand's Maori population and the revival of the Agape meal, or love feast, among American brethren in Christ Church. Twentieth-century topics include the metaphysical significance of vegetarianism, the function of diet in Greek Orthodoxy, American Christian weight loss programs, and the practice of silent eating rituals among English Benedictine monks. Two introductory essays detail the key themes tying these essays together and survey food's role in developing and disseminating the teachings of Christianity, not to mention providing a tangible experience of faith.
